



# Cairns Stingrays News Swimming Club

April 2013

## Committee Contacts 2012/13

### PRESIDENT

Jason Salecich

### VICE PRESIDENTS

Matt Simpson

Jenny Waters

### SECRETARY

Kylea Simpson

### TREASURER

Donna Salecich

### REGISTRAR & NEWSLETTER

Martyn Foote

### CLUB NIGHT COORDINATORS

Chris & Sue Gould

### RACE SECRETARY

Sue Gould

### UNIFORM COORDINATOR

Michelle Smith

### Woree Pool

4054 6964



Jason and the Argonauts - or rather his shoal of stingrays at the FNQ Champs march past.



### From the President

Well Kids and Dedicated parents that's nearly it for another year. It has been an awesome year for our little club and it is so good to see the achievements throughout the year.

Of course there is the fantastic results of all of our swimmers and you all should be very proud of yourselves. However it is just as important to make mention of all of the other achievements that many aren't aware of or think about including,

1. Watching the friendships and healthy competition developing with all of our swimmers especially our squad;
2. Working together as a team and supporting one another;
3. Significantly improved participation numbers within the club;
4. Continued improvements in our relationship with YMCA and some certainty assured for our coaching going forward with Coach Greg;
5. The spirit that is growing in our club and was evident with our recent wins at the FNQ Championships;
6. Continued financial improvements within the club.

I would like to thank the committee who without them our club does not exist nor function. Thank you to all of the committee and all of the parents who just supported or assisted throughout the year.

So with a presentation to go make sure you all lock in the date and come on down and support your club and enjoy the day. I am very positive and excited as to where the Cairns Stingrays is heading next season and will continue to do so with a strong committee, a consistent approach to our goals and our dealings with parents, and a great young coach in Coach Greg. I must make special mention of Greg just for the fact he regularly goes above and beyond in ensuring our kids are given the best opportunity to be the best they can be.

So until the next newsletter hits your mail box I will say Goodbye for now but dont forget squad just keeps going for those kids who want a headstart on next season.

Regards -

*Jason Salecich (President)*

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# FNQ Championships



Estelle swimming in the 11yr girls 100m breaststroke

The FNQ Championships is essentially the "grand-finale" to the swimming season, run by FNORSA – our local Regional Swimming Association who oversees the operating of the region's clubs.

Held at Marlin Coast Club's Smithfield Pool over three days of the weekend with the long-distance races on Friday evening which Stingrays didn't participate in, the main racing was on the Saturday and Sunday.

Weather was perfect and we were very careful to smuggle our 'surprise costumes' into the complex unseen, until time came to line up for the March Past. Once our decorated stingrays hats came out everyone's interest was drawn, and I think it was fairly clear that we may clinch the trophy for best-presented club. What with the coordinated look and the specially composed war cry, we put on a pretty good display – well done all you stingrays!

Then it was down to the serious part of the meet – to swim hard and achieve:- we had 92 race entries in all, 51 of these were PB's,

five were first times. The biggest PB went to Keely in her 100m backstroke taking over 20 seconds off her previous time – incredible effort!

During Sunday after racing was completed it was the prizegiving:- Stingrays did win the Renee Duncombe Memorial Trophy for the best presented club in the March Past; individual medal winners were Ben, Bayley, Baiden, Moyah; Ben was awarded the 11yr aggregate runner-up.



Phoebe swimming in the 11yr girls 100m breaststroke



Keely swimming in the Open women's 50m butterfly

**DATE: 16-17 MAR:**

**20 PARTICIPANTS:**

Adam Foote; Amber Waters; Baiden Sager; Bayley Bettini; Benjamin Waters; Daniel Foote; Elise Wheeler; Emilee Salecich; Estelle Urquhart Kereru; Grace Grainer; Keely Salecich; Keir Simpson; Moyah Urquhart Kereru; Nathan Foote; Paige Pritchard; Phoebe Urquhart Kereru; Roisin Hogan; Skye Simpson; Triton Smith; Whitney Sager



Skye swimming in the 13yr girls 100m breaststroke



Paige swimming in the 11yr girls 100m butterfly



The 7-year olds, Emilee & Daniel receive their "special" awards



"All eyes on Stingrays" - Emilee doing her 'cyclops' - or is it 'triclops' impression?



The Club in their stingrays hats singing the war cry



# Cairns Stingrays Swimming Club

## Club Break-up & AGM

Sunday 28<sup>th</sup> April

Stingrays is holding its Club Break-Up Party + combined trophy presentation and Annual General Meeting at the Sugarworld Gardens, Edmonton on Sunday 28 April, kicking off at 10:00am.

Food and drinks will be provided for the morning tea. The AGM will re-elect Club Management Committee Members for the new season, 2013-14. To be followed by the presentation of awards. Families can choose to go into the Waterpark afterwards - entry cost will apply - there are two options:-

### Waterpark Admission Fee

(Includes Use of Giant Waterslides)

Adults – \$15.00

Children 5 – 13yrs incl. (110cm & Over) – \$12.00

Family (2A/2C) – \$48.00

### Limited Use Admission Prices

(Includes Use of Kids Interactive Play System, #4/5 and Beach ONLY)



Pictures of last-year's Break-up: Club Group Photo taken after the presentation with members displaying their medals and trophies.

Coach Greg presenting the medals



**DON'T FORGET YOUR STINGRAYS SHIRT!**

*never mind the trophies - i'm going down on a rubber inflatable*

*Dad, I didn't know you had a six-pack?*

*Not now love - can't drink and slide...*





... and the unofficial "make a silly face" photo taken at the FNQ Champs.



### Coaching News

The editor writes on behalf of Greg, to say it is great to see so many of our kids continue to keep

up their training, even though summer conditions appear to have passed and the pool temperature has dropped. Keeping up a level of training during this 'cooler' period is still very important, and getting used to colder conditions can assist to give you better overall conditioning. The pool will be heated to a respectable level for the winter season making it still pleasant to keep up training. Greg is currently working out a specific programme of events for the "off" season, with mention of some 'challenges' to add some variety.



In recognition of the contribution made to our FNQ Champs carnival efforts by Clark Rubber in supplying materials and services, we would like to mention and promote their business.

Thanks to Karen at Clark Rubber and her staff for assisting us with the making of our "stingrays" hats.

Don't forget, Clark Rubber is a stockist of many water play items, and also stocks fins, goggles and other accessories for the serious swimmer, so next time you need to purchase your next pair of goggles, go to Clark Rubber!



McCoombe Street  
Manunda



### Stingrays Date Claimers

- Sun 14 Apr** Nominations for Committee positions to be in
- Thu 18 Apr** Committee Meeting - Jenny's
- Sun 28 Apr** Club AGM, Breakup Party & Prizegiving ceremony, followed by optional entry to Sugarworld

Cairns Stingrays Swimming Club wishes to thank our Major Sponsor— Lennon Cairns Chartered Accountants



and our other valued sponsor, YMCA



Stingrays would also like to thank the following local businesses that support us:

Cazalys Cairns



Snap Printing

Footprint Design

Russco Colortek

Norweld

Trinity Auto Group

IGA Woree

Bunnings Warehouse

Great Adventures

Southside Quality Meats

Bayview Gardens Newsagency

Big Cat Cruises

Paronella Park

Cairns Golf Club

Cairns Wildlife Safari

Swimart, Southside Shopping

Village Woree

The Wax Pot, Woree

Stella Florist and Gift Gallery

Southside Shopping Village Woree