



**Cairns
Stingrays
Swimming Club**

the month ahead

October

at a glance



Cairns Stingrays has now introduced collection points for the recycling of plastic bottles, drink cans and glass bottles in our yellow lid bins. We collect the rebate on these items with all funds going into the club.

HELP KEEP THIS POOL, AND OUR ENVIRONMENT TIDY!



STAY TUNED FOR INFORMATION ABOUT OUR TRIVIA NIGHT FUNDRAISER; DETAILS TO BE FINALISED SOON



Cairns Stingrays is recycling car, boat, truck, tractor etc. **LEAD ACID BATTERIES.**

we are raising money to help our future champions attend the State Swimming Championships.

you can drop your old batteries at the Woree Aquatic Centre, Pool Close, Woree

thank you for your support!

HELP POWER THE GREEN MACHINE !



CLUB NIGHT NOTICES

Welcome back after the school holiday break! We trust you all had an enjoyable two weeks...

We held our third club night on the Friday of the first week, obviously with numbers down a bit with people away, but still had an adequate turnout for a good night. The new format seems to be working, with an expanded repertoire for the juniors and integration between the young ones and the older swimmers assisting them; there are fewer main races, but we have opened up eligibility for the older ones to compete in the 25m races alongside the younger members, so there is less separation due to age. The evening ended with a fun all-inclusive race between three teams - a breaststroke chain relay.

Events for October commence with another two-day carnival held at TAS over the last weekend of the holiday - see below. Nomination will have closed for this already. We then have two club nights on the dates listed below, separated by the Central Cairns Carnival on the Saturday: this includes a 'Mini Carnival' to suit the very young swimmers for just an hour at the start.

Our Club Night #4 (25 Oct.) will be the cutoff date for our first Series Awards; points earned from improvement of times will be added together and the highest ten personal best improvers will be awarded prizes (see p.5 of the Handbook for criteria). Awards will be presented at the following Club Night.

THIS MONTH'S CARNIVALS

TAS LONG COURSE PREPARATION MEET - Friday-Saturday 4-5 Oct. gates open: Friday 16:30 for a 17:30 start. Saturday 08:00 for a 09:00 start.

Entry costs \$3 on the Saturday for non-swimmers.

Programmes downloadable from FNQ website, or a limited number available on the day for \$3.

Nominations close - midnight Monday 30 Sept.

This carnival comes at the last weekend of the school holiday. As a consequence numbers may be down a little as families may still be away taking holidays. The Friday evening stages several longer distance races, and two 50m events; there is no entry fee charged on this day. All other events make up the Saturday for which there is an entry fee of \$3.

LDI CONSTRUCTIONS PL / CENTRAL CAIRNS LONG COURSE TRANSITION MEET & TADPOLES MINI CARNIVAL

- Saturday 19 Oct. gates open: 08:00 for a 09:00 start (Tadpoles mini carnival). Main carnival gates open: 10:00 for 11:00 start.

Entry costs \$3 for non swimmers.

Programmes available on FNQ website.

Nominations close - midnight Monday 14 Oct.

Held at our own pool, this features a 'Tadpoles' mini-carnival at 9am for swimmers aged 10-&-Under, suitable for littlies and novice swimmers, followed by the conventional carnival.

STINGRAYS RESOURCES

Website - cairnsstingrays.com.au

Facebook - Cairns Stingrays

Flickr - Stingrays Swimming Club

Vimeo - stingrays

YouTube - Cairns Stingrays

Stingrays' Dates for your Diary

Fri-Sat 4-5 Oct

TAS LC Preparation Carnival
venue: TAS Aquatic Centre

Fri 11 Oct

Club Night #03




Sat 19 Oct

Central Cairns LC Transition Carnival
venue: Woree Aquatic Centre

Fri 25 Oct

Club Night #04 (Series Awards #1)

Get the following Google Calendars:

-  **Stingrays Events**
-  **FNQ Swimming Carnivals**
-  **State & National Levels**