

Cairns Stingrays Swimming Club

June 2019

CARNIVAL Results

TAS Short Course

TAS SC PREPARATION MEET
DATE: 29 – 30 JUNE 2019:
VENUE: TAS AQUATIC CENTRE
22 PARTICIPANTS (21 ATTENDED):
 Natalie Beck; Mark Clark; Daniel Foote;
 Nathan Foote; Bronte Franze; Siena
 Goulding; Isabella Higginson; Brooke Jones;
 Lloyd Lucey; Patrick Martin; Madelin
 McAuley; Nate Milne; Kelsey Orchard;
 Emma Pullar; (Flynn Riordan); Emilee
 Salecich; Keely Salecich; Kiana Turnbull;
 Benjamin Waters; Emma Winter; Toby
 Winter; Ryan Woodward

Season 2019–20 First Short Course Carnival



Mark, who placed in all his six events, and achieved 5 p.b's



Madelin swimming butterfly in her 100m IM



Patrick Martin about to start his 400m IM

The Short Course swimming season kicks off at TAS. This Preparation Meet was held over two days but was essentially two half-days.

The first day started at midday Saturday for an afternoon of swimming, followed by an early start Sunday morning. Saturday threatened rain, however it only really amounted to sprinkling showers, and Sunday was brighter and dry.



This was the first carnival attended by our new coach, Sander, who got the team into their warm-up routine, with some land limbering up followed by lap-based warm-up exercises. What was really great was the coordinated cool-down session after each day's activities, as a team, involving FUN!



8-year old Siena achieved p.b's in all her four events, with three first placements and one second, taking nearly 30s off combined.

Placements	1	2	3
Patrick Martin	10		
Ryan Woodward	9		
Lloyd Lucey	6		
Emilee Salecich	4	1	
Benjamin Waters	3	2	
Siena Goulding	3	1	
Kiana Turnbull	2	4	
Mark Clark	2	2	2
Nathan Foote	1	3	2
Daniel Foote	1	1	
Natalie Beck	1	1	
Nate Milne	1	1	
Madelin McAuley	1		3
Isabella Higginson	1		1
Kelsey Orchard		1	
Keely Salecich			2
Brooke Jones			1
Toby Winter			1

Results were broken down into age, and age placements were as shown in the table, left. Patrick blitzed his ten events with nine p.b's. Siena got all p.b's in her four events; both Mark and Madelin performed well; others like Emma Winter scored well in their p.b's, but were unfortunately in an over-populated age category to obtain placement.



Bronte swimming her 100m IM butterfly leg in which she placed third. She also achieved four placements and four p.b's.

STATISTICS			
	TOTAL	MALE	FEMALE
Swimmers	22	10	12
Swim entries	130	63	67
First time swims	6	1	5
No swims	10	6	4
DQ's	1	0	1
Improvements	62	32	30
Improvement %age	55%	57%	53%