

I - Cairns LING(AYS) \-\VS December 2012

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From the President

Well swimmers and parents. We have definitely just gone through the most intensive time of year for those who are competing. We now get a well earned Christmas break but kids I urge you all to keep up a level of training as you have worked so

hard to get where you are and we still have a season to finish on our return.

For our non competitive swimmers or those who are attending club nights dont forget where the pool is kids and make sure you get Mum and Dad to take you down so you to can continue enjoying swimming and improving.

The Aquathon was a success with an enquiry being launched into how Katie kept up with me to swim 40 laps in half an hour. Seriously though congrats to kids for raising money and for the efforts on the night.

As you can see by this edition there is much still to talk about and communicate. Our BBQ is fast approaching. This is a great fundraiser for the club and we would greatly appreciate any parent who can volunteer some time. Of course don't forget our Christmas break up with a guaranteed Santa appearance and some great fun to be had for all the kids including the big ones. Apparently the new wipe-out is "awesome"

Anyway I could go on and on but it is all in the newsletter. So please parents and swimmers have a great Christmas and New Year, be safe, dont eat too much and we will see you all at the first club night back.

Regards -**Jason Salecich** (President) In this month's edition

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Our Sponsors



A Month of Carnivals







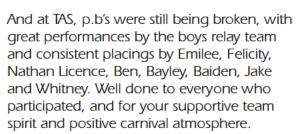


The month kicked off at Dimbulah, with a healthy Stingrays contingent; medals were won by Ben, Bayley and Baiden in several events. Daniel Foote was on fire in many of his races!. Winning performances were also made by Felicity Plumb, and a great win by our boys' freestyle relay team.

Innisfail continued our upward trend, both in participating numbers and in individual time improvements, resulting in notable wins for Emilee, Felicity, Nathan F, Daniel, Nathan L, Bayley, Ben and Kate.

Mareeba saw our largest contingent of swimmers with 21 participants. With lots of events staged, we also experienced some great outcomes with

performances from Whitney, Natalie, Felicity, Nathan L, Baiden, Moyah, Nathan F, Daniel and Kate.





The Foote boys - Adam &

Nathan swimming backstroke





Dimbulah

DATE: 4 Nov:

15 Participants: Bayley Bettini; Baiden Sager; Emilee Salecich; Keely Salecich; Ben Waters; Amber Waters; Adam Foote; Daniel Foote; Nathan Foote; Nathan Licence; Lex Manning; Clayton Wheeler; Elise Wheeler; Felicity Plumb; Alex Collins

Innisfail

DATE: 11 Nov:

17 Participants: Bayley Bettini; Emilee Salecich; Keely Salecich; Ben Waters; Amber Waters; Adam Foote; Daniel Foote; Nathan Foote; Nathan Licence; Lex Manning; Felicity Plumb; Alex Collins; Kate Gould; Grace Grainer; Moyah Urquhart Kereru; Estelle Urquhart Kereru; Phoebe Urquhart Kereru

Mareeba

DATE: 18 Nov:

21 Participants: Jake Bennetts; Bayley Bettini; Baiden Sager; Whitney Sager; Emilee Salecich; Keely Salecich; Amber Waters; Adam Foote; Daniel Foote; Nathan Foote; Nathan Licence; Felicity Plumb; Alex Collins; Kate Gould; Grace Grainer; Moyah Urquhart Kereru; Estelle Urquhart Kereru; Phoebe Urquhart Kereru; Naomi Zwart; Natalie Zwart; Olivia Zwart

TAS

DATE: 24-25 Nov:

18 Participants: Jake Bennetts; Bayley Bettini; Baiden Sager; Whitney Sager; Emilee Salecich; Keely Salecich; Ben Waters; Amber Waters; Nathan Licence; Felicity Plumb; Paige Pritchard; Kate Gould; Sandra Eustice; Grace Grainer; Moyah Urquhart Kereru; Estelle Urquhart Kereru; Phoebe Urquhart Kereru; Elise Wheeler;









Firstly, I have to apologise for an error in last month's newsletter, when we stated that the Aquathon would last an hour – it was in fact for half-an-hour, as per last year's Aquathon; hopefully, those swimmers participating were relieved to hear that!

The winner in the younger group doing 25m laps was Daniel Foote, achieving a total of 38 laps.

The winner of the older group doing 50m laps was Kate Gould who completed 40 laps.

These winners both receive a \$20 A-Mart All Sports voucher.

The competitor who raised the most money was Bayley Bettini and receives the iPod Shuffle prize.

WELL DONE!



Club Night Communication



Nominating

Nominations for Friday Club Nights NEED to be in by 5pm Thursday of each week.

Please can we abide by this policy as any late-comers and last-minute arrivals wanting to slot their child in to the racing schedule causes considerable logistic problems for the Race Recorder; your swimmer will still be allowed to race but their time will not be entered into the system, and consequently not be eligible for series points that night.

To nominate your child each week either:

- Clearly mark the tick-sheet at the pool by 5pm Thursday or
- **☞** Email your nominations through to suelgould@hotmail.com

We trust you all understand this policy, as it takes the Race Recorder a while to co-ordinate the race schedule each week - this gives them a day to set this up and be ready to go promptly on Club Nights - last-minute changes severely disrupt the program and delays our start.

Stingrays wants volunteers!



Stingrays is hosting the sausage sizzle at Masters on Saturday 15 Dec. The more helpers, the merrierl - starts 9am. (See your email circular that was sent out, and choose your preferred time slot; thanks!)



Our Christmas Party will be held on Friday 7 Dec. Please note, the evening will kick-off earlier than usual - 5pm. As well as festive activities there will be the pool's "Wipeout" inflatable, operating from 5pm till 7pm – adults included! (wear your togs!)

Stingrays Date Claimers

Fri 30 Nov Club Night - week 9

Sun 2 Dec Malanda Carnival

Fri 7 Dec Club Night - week 10

Christmas Party & Holiday break-up

Sat 15 Dec Masters BBQ - Stingrays Fundraiser

Club Night Series Awards

Friday 23 Nov. we presented our Series 2 Awards to the top ten highest achievers at Club Night meets. This allocates points to each swimmer based on their performance and improvement over the course of the season.

(for details refer to your handbook).



Development News

Naomi Zwart

Natalie Zwart

Benjamin Waters was lucky enough to have been selected to compete at the Speedo Long Course Championship held at Chandler Aquatic Centre in Brisbane, mid-November. He qualified due to his JX 'Gold' status, based around his



Keely Salecich

Nathan Foote

consistent eligible qualifying times and advanced training schedule in his age category. It was a great opportunity and experience for him.

Stingrays Club has received an award through Swimming Queensland and the JX program for being amongst the top 30% of clubs in achieving JX Time and DIPS Standards.



season resumes again in the

new year. Check this space!

Squad Training News

The last day of Squad Training will be Friday 21st December.

Training will recommence again on Thursday 10th January.

Stingrays wishes to thank...

Chris Gould at Russco Colortek for sponsoring the cost of the Stingrays swimming caps.

and...

Thank you to Lennon Chartered Accountants for continuing to support Cairns Stingrays.

Cairns Stingrays Swimming Club wishes to thank our Major Sponsor— Lennon Cairns Chartered Accountants



and our other valued sponsor, YMCA



Stingrays would also like to thank the following local businesses that support us:

Cazalys Cairns





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Norweld

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IGA Woree

Bunnings Warehouse

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Southside Quality Meats

Bayview Gardens Newsagency

Big Cat Cruises

Paronella Park

Cairns Golf Club

Cairns Wildlife Safari

Swimart, Southside Shopping

Village Woree

The Wax Pot, Woree

Stella Florist and Gift Gallery

Southside Shopping Village Woree