



**Committee Contacts**  
 2012/13

**PRESIDENT**

Jason Salecich

**VICE PRESIDENTS**

Matt Simpson

Jenny Waters

**SECRETARY**

Kylea Simpson

**TREASURER**

Donna Salecich

**REGISTRAR & NEWSLETTER**

Martyn Foote

**CLUB NIGHT COORDINATORS**

Chris & Sue Gould

**RACE SECRETARY**

Sue Gould

**UNIFORM COORDINATOR**

Michelle Smith

**Woree Pool**

4054 6964



*Whitney Sager at the TAS Short Course Qualifier meet*



**From the President**

Well welcome Stingrays and it is now fast approaching the official start of the season. Of course many of you have already competed in the recent carnivals especially the FNQ short course last weekend.

Once again we displayed what it means to be a team with everyone getting into our Mexican theme. More importantly I watched all of you support and cheer for your team mates and that was awesome.

Coach Greg is working hard to improve your swimming and also working on our team building skills and having some fun.

Of course can I make special mention of all the parents who really did their bit to ensure we could meet the heavy work schedule we were allocated for the carnival. I can't stress enough to all parents the need to support where you can so that workloads can be shared and as parents we can all get a break to enjoy watching the kids swim. Special thanks to Alice who did a great job getting kids to races whilst most parents had jobs elsewhere.

Congratulations to all swimmers which, for most parts we had an excellent carnival with swimmers smashing PB.'s you should all be proud. Of course winning is a bonus and congratulations to Ben Waters who swept all before him (other than when he DQ'd - 20 push ups Ben) to become the ten year boys FNQ Age champion. Awesome Benny

So with sign on (Sat Sep 1st) only a couple of days away I would like to ask all returning members to get down there on the day to demonstrate to newcomers we have a strong happy and helpful club.

Till next time , train hard, have fun.

**Regards - Jason Salecich (President)**

**Cairns**  
**Stingrays**  
**Swimming**  
**Club,**  
**Woree Pool**



**2012-13**  
**Season Sign-on**

9.00am-12.00pm  
 Saturday 1  
 September

Woree Bicentennial  
 Aquatic Centre,  
 Pool Close Woree

Free pool entry  
 and sausage sizzle

Weekly Friday Club  
 Nights begin  
 14 September.

Stingrays Carnival  
 14 October.

**Hope to**  
**see you**  
**then!**

# It's Carnival Time!

Aloha!... Stingrays really showed their carnival spirit at the TAS Short Course Qualifying Meet at the start of August – the theme being “Hawai’ian Style”. It made for a rousing kick-off to the swimming season – so much so that we attracted immediate attention from the visiting television network camera teams!

Although this meet was a ‘qualifier’ only, it gave the swimmers some useful practice and enabled many to improve their pb.’s. It was also great that Stingrays had sufficient attending participants to make up both male and female relay teams, for both freestyle and IM. - and although they didn’t win any carnival firsts, a good time was had by all.

Participating were: *Alex Collins, Adam Foote, Daniel Foote, Nathan Foote, Felicity Plumb, Baiden Sager, Whitney Sager, Emilee Salecich, Keely Salecich, Amber Waters and Benjamin Waters.*



Two weeks later it was back to TAS again for the FNQRSA Short Course Championship Meet – this time the theme was “Mexican” - many of our club members sporting their green and gold sombreros (and supporting one particular retail outlet in the process!).

Participating were: *Alex Collins, Adam Foote, Daniel Foote, Nathan Foote, Felicity Plumb, Paige Pritchard, Baiden Sager, Emilee Salecich, Keely Salecich, Estelle Urquart-Kereru, Moyah Urquart-Kereru, Phoebe Urquart-Kereru, Amber Waters and Benjamin Waters.*

Congratulations have to go to Ben Waters who not only won a clutch of gold medals, but who took away the FNQ Championship Trophy for his age (under 10 years).



*Ben - the proud winner of seven gold medals, and the FNQ Age Championship Trophy.*



## And the winner of the Raffle was...

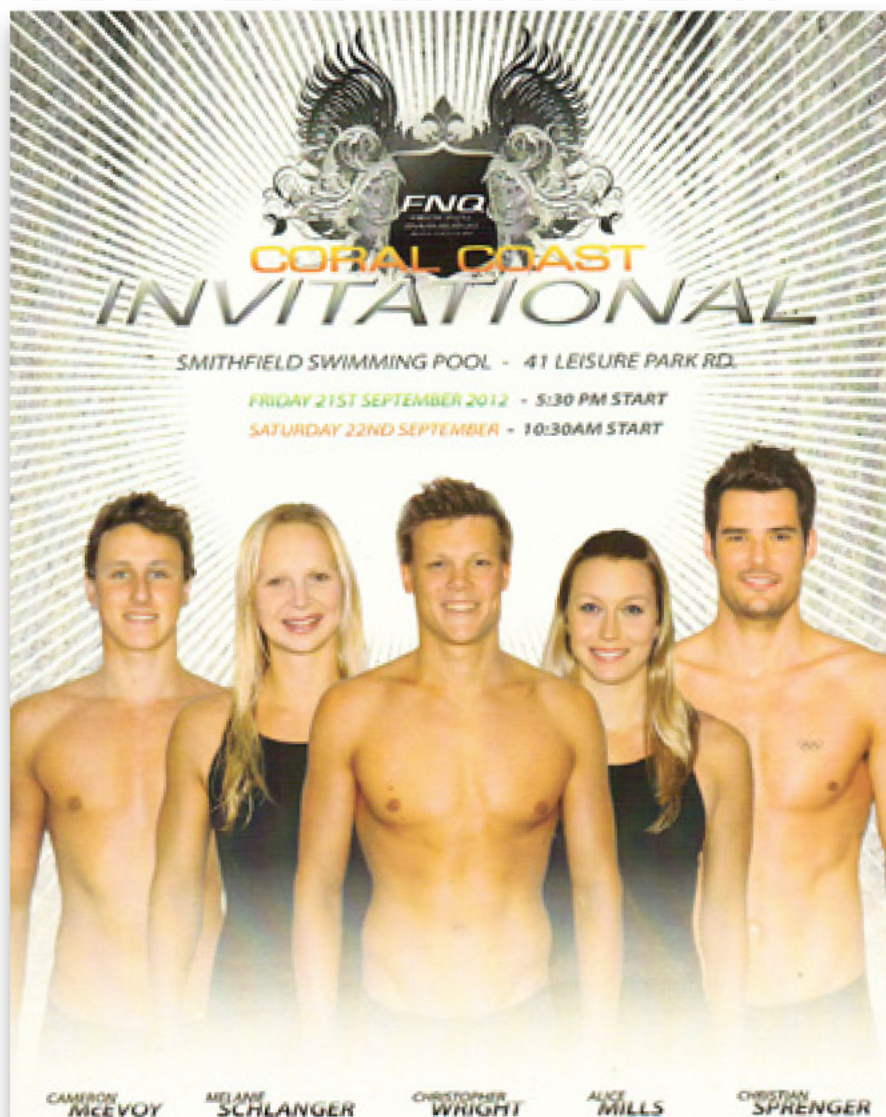
None other than our own Jenny Waters - winning \$100 worth of Scratchies! “Have a scratching-good weekend Jenny!” (no doubt the whole family were commanded to help - with the proviso that any winning cards should be declared!?)



*Peter and Jason looking cool in hats and (matching?) shades.*



## You are Invited...



### Coral Coast Invitational: 21–23 Sept

Your chance to meet some of our successful Olympic swimming champions; Chris Wright, Christian Sprenger, Mel Schlanger, Cameron McEvoy and Alice Mills will be appearing and taking part in a "Swim-off" over two days. The event is being held at the Marlin Coast Club home ground at Smithfield Pool on Friday 21st September in the evening, and Saturday 22nd during the day (start 10:30am).

Friday evening is aimed towards younger kids, who can come along, meet and be inspired by these athletes, who will also be able to benefit from their expert skills and be shown some techniques. Saturday is aimed at the older age-group, with some "hands-on" workshopping and mock competitive races - culminating in some exciting "Race-an-Olympian" events under competitive handicapping; adults and 'all-comers' may also "pit their chances" against them - if they dare!

This event has been the inspiration of Chris Wright who hails from Cairns, and wants to bring something back to his home environment; he was a member of Stingrays for a while during his youth, as well as other local clubs. This is a fantastic opportunity for our "young swimmers-in-the-making" to experience the "end product" of all the hard work and effort, and to benefit from positive role-models.

### A personal message from Chris Wright

In response to a Stingrays member's Hero message for him during the London 2012 Olympics, Chris gives his words of encouragement to the Club:

*"Thanks for all the support guys. I hope the club is well and everyone is training hard for the up and coming season."*

*Chris Wright*

### Let's not forget the Paralympians...

Another Cairns swimmer is Grant "Scooter" Patterson who will be taking part in the London Paralympic Games. He was born with a rare form of dwarfism and only took up swimming when he was 11 years old. He broke the S3 100m backstroke world record at the 2011 National Championships. In his letter of thanks to the FNQSA who assisted him financially, he says:

*I look forward to travelling over to London to represent Australia at my first Paralympic Games. I hope the last four and a half years of preparation has been enough to do my Club, Region, State and Country proud! Thank you again!*

*Grant "SCOOTER" Patterson*

***Cairns Stingrays is keen to support the Coral Coast Invitational and will be cancelling its conflicting Friday night Club Night (21 Sept) so that members can attend this one-off event.***

### Stingrays Date Claimers

<b>sat 1 Sept</b>	2012-13 Stingrays Season Sign-on
<b>thu 13 Sept</b>	Committee Meeting
<b>fri 14 Sept</b>	Club Nights begin
<b>fri 21 Sept</b>	Coral Coast Invitational (day 1)
<b>sat 22 Sept</b>	Coral Coast Invitational (day 2)
<b>14 Oct</b>	Stingrays Carnival



### From Coach Greg

First of all I would like to congratulate all our swimmers who raced at the TAS swimming carnival and the FNQ Short Course Championships. I would like to acknowledge their performances and also the enthusiasm showed by all who dressed up in Hawaiian and Mexican theme.... :-) PB's and a good time were on the menu.

Also, particular congratulations to Benjamin Waters who finished FNQ champion for the boys 10 years old. His performances reflect the effort that he has put into the training lately!! Great job mate.

It is fabulous to see swimmers both having a good time and swimming good times. The season 2012/2013 has started on a very good note and I can't wait to see the rest of it.

I am looking forward to see you all at the pool soon.

Until then, all the best, **Greg**

### Swimming the 'net

The 2012 Olympics may be over, and the Paralympics is about to start – you can still find out lots of useful information about the Games, profiles of favourite athletes, their histories... all on the web;

- [london2012.olympics.com.au](http://london2012.olympics.com.au)
- [www.swimming.org.au](http://www.swimming.org.au)
- [www.australianswimteam.com.au](http://www.australianswimteam.com.au)
- [www.paralympic.org.au](http://www.paralympic.org.au)
- [www.chriswrightswim.com.au](http://www.chriswrightswim.com.au)



### And finally... Stingrays is on Facebook



You can now find us on Facebook – Cairns Stingrays Swimming Club – where we hope to keep members up to date with news items, and perhaps where we can share items of interest relevant to our club.

Cairns Stingrays Swimming Club wishes to thank our Major Sponsor— Lennon Cairns Chartered Accountants



and our other valued sponsor, YMCA



Stingrays would also like to thank the following local businesses that support us:

Cazalys Cairns



Norweld

Trinity Auto Group

IGA Woree

Bunnings Warehouse

Snap Printing

Great Adventures

Southside Quality Meats

Bayview Gardens Newsagency

Big Cat Cruises

Paronella Park

Cairns Golf Club

Cairns Wildlife Safari

Swimart, Southside Shopping

Village Woree

The Wax Pot, Woree

Stella Florist and Gift Gallery

Southside Shopping Village Woree