

Cairns Stingrays News

November 2013

Committee Contacts 2013/14

PRESIDENT

Jason Salecich

president@cairnssingrays.com.au

VICE PRESIDENT

Jenny Waters

vicepresident@cairnssingrays.com.au

SECRETARY

Natalie Grainer

secretary@cairnssingrays.com.au

TREASURER

Donna Salecich

treasurer@cairnssingrays.com.au

REGISTRAR & NEWSLETTER

Martyn Foote

registrar@cairnssingrays.com.au

Grants Officer

Frank Grainer

grants@cairnssingrays.com.au

CLUB NIGHT COORDINATORS

Chris (& Sue) Gould

coordinator@cairnssingrays.com.au

RACE SECRETARY

Sue Gould

race-sec@cairnssingrays.com.au

UNIFORM COORDINATOR

Heather Urquhart Kereru

uniforms@cairnssingrays.com.au

cairnssingrays.com.au

Woree Pool
4054 6964



Rosena Eribo demonstrating her graceful and effortless swimming ability - in the Open Girls' 200m Backstroke at the Innisfail Carnival.



From the President

Well 2013 winds to a close but let's not forget we are only half way through our season. I am very proud as President to see the representation we have been getting at all carnivals including the regional ones. As a small club we really do punch above our weight. There are definitely some larger clubs that could take a leaf out of our book and remember that as a region if we don't make an effort to attend carnivals then the opportunities for our kids to improve and compete will be eroded as clubs start to choose not to hold carnivals. Once that happens it often starts to affect the financial viability of smaller clubs.

Our club needs not just the kids but parents to take an active role in the club. We depend on it. For the sake of sounding like a broken record it is my goal to grow the Cairns Stingrays into the premier swimming club in Cairns. I am but only one and it will take many more caring parents and a great club culture if this is to be achieved. If I can quote John Flynn the Founder of the Royal Flying Doctor who said "If you start something worthwhile then nothing can stop it" I do believe we can continue to grow and prosper as a club and hope that many more will join us along the way.

Looking at our results I am not going to single out any one swimmer other than to say they are all doing their very best and if they continue to do the best for themselves then they will continue to improve. Parents, for us it is about providing the support and means for our children to participate and if they improve as a result then that is a bonus. Congratulations to all of the new swimmers who have done their first carnival in the last few weeks.

Anyway that's enough jibbering from me. Good luck and we have a couple more carnivals and Christmas break up to come. Dont forget to check out facebook or our webpage for any info you might require.

Regards -

Jason Salecich (President)

In this month's edition

.....	
Word from our president	p.1
.....	
Report: Carnival Update	p.2
.....	
Carnivals - Part 2	p.3
.....	
It's "Movember"	p.4
.....	
Useful Links	p.4
.....	
Date Claimers	p.4
.....	
Our Sponsors	p.4

This month's "Smiling Swimmer..."



Carnival Update

Dimbulah Carnival

Dimbulah carnival is a very low-key, family-friendly meet and has been popular with Stingrays support for several years now. We sent a healthy contingent of carnival regulars, and some young newcomers - Kyle Lucas, Owen and Zara Hallett for their first time; well done for making the effort and participating. At midday they staged freestyle relay races for which we put forward an impressive lineup of teams in boys, girls, and mixed events in two age group categories – both Boys races came first, both Girls races finished second and the younger age group mixed came in fifth, while the older team again came first. It made for some very exciting moments!



Owen Hallett nearing the rope in his 25m backstroke



Kyle Lucas swimming his 25m breaststroke

DIMBULAH B-QUAL

DATE: 27 Oct:

VENUE: DIMBULAH POOL

16 PARTICIPANTS: Adam Foote; Amber Waters; Bayley Bettini; Benjamin Waters; Daniel Foote; Emilee Salecich; Estelle Urquhart Kereru; Keely Salecich; Kyle Lucas; Moyah Urquhart Kereru; Nathan Foote; Owen Hallett; Phoebe Urquhart Kereru; Sam Tress; Triton Smith; Zara Hallett

Participation Ribbon	
Kyle Lucas	
Zara Hallett	

Ribbons	1	2	3
Bayley	6	1	2
Nathan	5	2	
Daniel	5		
Emilee	5		
Moyah	4		1
Keely	3	3	1
Amber	2		2
Ben	1	7	
Adam	1	3	3
Phoebe		2	
Sam			4
Estelle			1
Triton			1



Changeover between Triton (in the pool) and Estelle in the 12 and Under Mixed 200m freestyle relay, with Emilee awaiting

ha! look how small she is...

judge not by its size, oh foolish one



Sandra Eustice swims her inaugural 100m Breaststroke at Innisfail

Innisfail Carnival

Innisfail had a smaller attendance than expected, partly due to other conflicting events on the same day perhaps, and our attendance of 21 swimmers rivalled the host club's numbers - so Stingrays were there in force! To add to the dramas timekeeping was all-manual, whereby stop-watches had to be used and times recorded manually and an average chosen for each lane – a reminder of how it used to be done! As a result of this antiquated timekeeping we could not follow progress via Meet Mobile, and swimmers' time improvements could not be immediately ascertained. Many did improve their p.b.'s, and notable improvements came from Sandra Eustice who dropped 9s from her 100m Free, Moyah who improved her 200m Free by a similar time, and overall improvements by 5 year-old newcomer Zara Hallett.

INNISFAIL B-QUAL

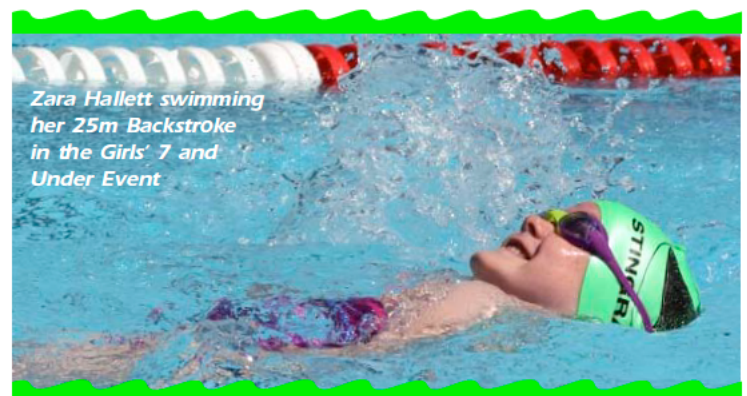
DATE: 10 Nov:

VENUE: INNISFAIL POOL

21 PARTICIPANTS: Adam Foote; Amber Waters; Bayley Bettini; Benjamin Waters; Daniel Foote; Edward Diola; Ella Diola; Emilee Salecich; Grace Grainer; Jane-Lee Pregl; Keely Salecich; Lana Gentle; Logan Gentle; Moyah Urquhart Kereru; Nathan Foote; Owen Hallett; Rosena Eribo; Sam Tress; Sandra Eustice; Triton Smith; Zara Hallett

Participation Ribbon	
Edward Diola	
Lana Gentle	
Zara Hallett	

Medals	G	S	B
Rosena	8	2	
Daniel	4		
Bayley	3	3	
Emilee	2	2	
Adam	2		1
Ben	1	2	2
Nathan	1	2	
Logan	1	1	
Amber		1	3
Moyah		1	1
Triton			2
Keely			1
Ella			1



Zara Hallett swimming her 25m Backstroke in the Girls' 7 and Under Event

Carnivals - part 2



Nathan Foote swims a competent Freestyle in the Open Boys' 50m Event, to finish second in his age (11) category.

Mareeba Carnival

Mareeba was supported by a good Stingrays contingent, although 4 swimmers dropped out on the day due to health or personal reasons, while Rosie only made her last race but got a gold medal for it. The awards were a combination of medals for 100m and over races, and ribbons for 50m and under races, resulting in our final tally of 16 medals and 18 ribbons – with best wins of the meet made by Ben and Nathan, while the most impressive p.b. performances came from Sam in most of his races, and improvements were made in butterfly by Triton, Baiden and Adam.

MAREEBA B-QUAL

DATE: 17 Nov:

VENUE: MAREEBA POOL

18 PARTICIPANTS – 4 NON-SWIMMERS ON THE DAY (SHOWN IN BRACES):

Adam Foote; Amber Waters; Baiden Sager; Benjamin Waters; (Daniel Foote); Emilee Salecich; Edward Diola; Ella Diola; Grace Grainer; (Joseph Grainer); (Keely Salecich); Lana Gentle; Logan Gentle; Nathan Foote; Rosena Eribo; Sam Tress; Sandra Eustice; Triton Smith

	Medals			Ribbons		
	G	S	B	1	2	3
Ben	3		1	2	1	
Nathan	2	1		2	2	
Baiden	1	1	1		3	1
Emilee	1			4		
Rosena	1					
Sam		2			1	1
Triton		1				
Logan			1			
Ella						1

Participation Ribbon
Edward Diola
Lana Gentle



Sam Tress powering along in the Open Boys' 50m Freestyle

TAS A-Qual Carnival

TAS' 2-day carnival was the last meet that state qualifying times could be achieved, and being the premier pool facility of the region attracted clubs from further afield; there was representation from the two Townsville clubs - Gardens and Kokoda, Herbert River Club from Ingham, Weipa, and Nhulunbuy in the Northern Territory.

The main purpose for competing was to try for those qualifying times, or otherwise using it for p.b. improvement – especially against some of the best swimmers of the region; winning medals was just an added bonus, made all the more difficult by the fierce competition – however, four Stingrays did manage to come away with medal honours as shown. Stingrays achieved p.b.'s in just over 50% of the events entered with the best time improvements made by Daniel, Adam, Nathan and Sandra.

As far as conditions went, it was a hot, steamy saturday and as the afternoon progressed the sky grew heavier, ending in some light showering; luckily it held off just enough to allow us to get away to our cars before the heavens opened with vengeance. Sunday was a fair start and a clearer day altogether, being done and dusted by 2pm.

TAS A-QUAL

DATE: 23-24 Nov:

VENUE: TAS AQUATIC CENTRE

13 PARTICIPANTS – 1 NON-SWIMMER

ON THE DAY (SHOWN IN BRACES):

Adam Foote; Amber Waters; Bayley Bettini; Benjamin Waters; Daniel Foote; Emilee Salecich; (Ella Diola); Jane-Lee Pregli; Keely Salecich; Moyah Urquhart Kereru; Nathan Foote; Sam Tress; Sandra Eustice

Medals	G	S	B
Bayley	2	2	
Daniel		1	1
Emilee		1	1
Ben			1

Club Night Series Awards #1

Our first Series Awards were presented on 1st November to the ten most-improved swimmers over the previous four weeks; in fact there were 11 in the listing due to equal points ratings in two instances. Congratulations to all those listed and who received their Stockland Certificates and vouchers, and well done to Amber who gets the personalised towel on this occasion.

Pos	Name	Pts
1	Amber Waters	40
2	Hudson Kolstad	36
3=	Joseph Grainer	34
3=	Keely Salecich	34
5	Nathan Foote	32
6	Bayley Bettini	31
7	Natalie Zwart	30
8	Sandra Eustice	29
9	Lana Gentle	26
10=	Naomi Zwart	25
10=	Nefi Green	25



"And don't forget... it's Ho-Ho-Ho-Holiday time soon... and i'm making a special visit to your Stingrays Christmas Break-up!"
 Friday 6 December

Useful links

Woree Pool provides several integrated services to the community, including Learn-to-Swim classes, Squad Training for kids and adults, Aquafit classes, Wipeout inflatable assault course, and is home to swimming clubs (Stingrays, and Mudcrabs Masters swimmers club, as well as a regular Underwater Hockey Club and has affiliations with Cairns Crocs Triathlon Club). More information about these services can be found online at the following:-

cairnsstingrays.com.au

cairns stingrays swimming club

www.woreepool.com

woree sports and aquatic centre

www.mudcrabs.org.au

www.cairnscrocs.org.au

fascination.fotomerchant.com

to view photos of Stingrays swimmers taken at the regional carnivals.



Cairns Stingrays Swimming Club wishes to thank our Major Sponsor— Lennon Cairns Chartered Accountants



Stingrays would also like to thank the following local businesses that support us:

Cazalys Cairns



Snap Printing



Footprint Design

Russco Colortek

Norweld

Trinity Auto Group

IGA Woree

Bunnings Warehouse

Great Adventures

Southside Quality Meats

Bayview Gardens Newsagency

Big Cat Cruises

Paronella Park

Cairns Golf Club

Cairns Wildlife Safari

Swimart, Southside Shopping

Village Woree

The Wax Pot, Woree

Stella Florist and Gift Gallery

Southside Shopping Village Woree

Stingrays Date Claimers

- Sun 1 Dec Malanda SC Carnival
- Fri 6 Dec Stingrays Christmas Party Break-up
- (14–20 Dec QLD State Championships)