

SAINTS & CENTRAL CAIRNS LC STATE PREPARATION MEET DATE: 19 – 21 Nov 2021:

VENUE: TOBRUK MEMORIAL POOL

42 Participants (41 Swam): Hayden Beck; Natalie Beck; Emily Brown; Mark Clark; Lucy Cracknell; Eloise Dalmeyer; Zara De la Fonteyne; (Jessica Deane); Robert Field; Adam Foote; Nathan Foote; Rayner Ganfield; Biem Ganzevles; Jitte Ganzevles; Eva Greenwood; Zara Hallett; Jack Hendy; Isabella Higginson; Finn Houlihan; Connor Lloyd; Joshua Lowrey; Nate Milne; Justin Molford; Mark Molford; Kyle Neilan; Darcy Oliver; Sienna Page; Lauren Pedler; Naomi Pedler; Jamie Percy; Emma Pullar; Aisling Rothwell; Emilee Salecich; Madeline Stewart; Emily Taylor; Kai Travers-Mason; Joel Turnbull; Amber Waters; Marcus West; Rylee Whitby; Emma Winter; Ryan Woodward

Season 2021–22 Sixth Long Course Carnival





Saints' Preparation 3-day meet is so designed to give swimmers the best opportunity for performing at their peak while also allowing sufficient rest time in between their races. All the 50m races were held on the Friday evening, and remaining distances split over two half day sessions over the weekend. Weather conditions were rather variable with a couple of showers on Saturday.

Results were not multi-aged, hence why only a handful of placement results from the top performers - well done to those, with Jack Hendy topping the rankings. In terms of personal improvement, swimmers featured on this page had majority p.b's in their races, with Robert improving his two events, Finn p.b'ed his three events. Of the girls, Rayner improved four of her five, Aisling got 6 p.b's of her seven events, and Madeline four of her five.

Other notable performances came from Kyle, Hayden, Connor, Lucy, Eloise and Lauren.

Placements	I	2	3
Jack Hendy	6	2	
Emilee Salecich	5		
Emily Brown	3		
Marcus West	2	2	
Ryan Woodward	2	1	5
Mark Clark	2	1	
Rayner Ganfield		2	2
Aisling Rothwell		1	
Nate Milne			1



STATISTICS				
	TOTAL	MALE	FEMALE	
Swimmers	42	18	24	
Swim entries	195	81	114	
First time swims	0	0	0	
No swims	10	4	6	
DQ's	1	0	1	
Improvements	78	33	45	
Improvement %age	42%	43%	42%	

Madeline (left) and Jamie (right) in

Heat 9 of the Women's 50m Freestyle



