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End of Season Championships Finale and Prizegiving Edition

From the Editor



It is, once again, the end of another season; time to focus on the last competitive event of the calendar - the long course Championships. This is traditionally a great occasion for club cameraderie, perhaps friendly rivalry, but always the best of the carnival

atmosphere. It involves the club march past where all clubs don their club regalia - at the least their club uniforms, banners or whatever - or more often a theme; there is a prize for the best presented club so the incentive is there, and this sometimes involves some secrecy until the final unveiling on the day. This year we had a great team of creatives to come up with another eyecatching costume idea, which also caught the eye of the judges too...

Our club keeps going from strength to strength, with a backbone of dedicated parents who want to give their kids the best possible chance to achieve in their chosen sport, but equally as important a club with a great ethic for fairness, inclusivity and tolerance - a positive social atmosphere to nurture their kids into maturity. It's the club atmosphere that aims to

cultivate harmonious relationships and bonding; they may all begin as strangers but soon learn the skills of "gelling as a team."

Regards – Martyn Foote (Publicity Coordinator)

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Club News

Season ends on a (chocolate) high

Our final scheduled Club Night of the 2016-17 Season fell on the last day of March - 31st. Although Easter was still two weeks away, because of the intervening school holidays we held our Easter Egg Raffle anyway - since the kids need their chocolate! A range of various egg-based goodies was arranged on the table - with three special additional easter-themed cakes as provided by our cake baker-extraordinaire Sarah Grainer. Our Southside Aquatics visitors were not left out of the indulgence!

After the chocolate was hurriedly sequestered, it was time for a last swim programme, with the young Dolphins taking to the outdoor square pool for a change, for their noodle, kickboard, unassisted race and novelty piggy-back race. Older ones had their usual 25m and 50m alternating races.



Kai eyeing up her choice

shown here. Kids' names were drawn at random from a container so

that they could come up and choose their treat.













Cairns Stingrays Swimming Club News

FNQ Championships

FNQ Championships LC Carnival

This is the culminating 'Grand Final' in the swimming season for long course, as organised by FNQ Regional Swimming Association and involves clubs in performing various roles to assist the smooth running of the meet. Held over two days over the weekend at the recently renovated Tobruk Memorial Pool with its premier facilities.

Saturday consisted of two sessions, the first involving the long distance races, followed by a break during which was staged the traditional 'March Past' of all the clubs in their Club 'regalia' - this often entails some quite imaginative dresswear or costumes; this year our club came up with a new variation on the stingray theme thanks to the creative inspiration of Edelweis and her helpers. This proved a success and won us the Renee Duncombe Memorial Trophy for best-dressed team - not for the first time in our history either! The second session lasted the remainder of the day, with age-related freestyle relays halfway through.

Sunday was a single session of mixed events, with medley relay races towards the end. Stingrays nominated 12 relay teams overall - the most from one club and equal to TAS. Our club had 32 participants, second only to Central Cairns who had 35. Stingrays had the most race entries however, with 221. Club duties involved checkstarters, with special assistance from Alice Foote on the timing system, and technical officials Simon Hallett and John King.

Aside from individual medals and the Renee Duncombe Trophy, we also won the Team Spirit Award - see following pages...

FNQ REGIONAL LONG COURSE CHAMPIONSHIPS DATE: 4-5 MARCH

VENUE: TOBRUK MEMORIAL POOL 32 PARTICIPANTS: Adam Foote: Adam Woodward; Albert An; Alexandra Greatorex: Amber Waters; Ben Waters; Connor Lloyd; Daniel Foote; Edward Diola; Edward Orchard; Ella Diola; Emilee Salecich; Emogen Bergey; Ezlan Bergey-Bray; Flynn Riordan; Grace Grainer; Jane-Lee Pregl; Kali Houlihan; Keely Salecich; Kelsey Orchard; Liam Thieme; Madison Thieme; Natalie Beck; Nathan Foote; Neve Houlihan; Owen Hallett; Patrick Martin; Ryan Woodward; Sam Tress; Thomas Greatorex; Triton Smith; Zara Hallett





New award, the 'FNQ Complete Swimmer Award'



ZARA HALLETT 8YR OLD GIRLS 4x50m EVENTS



THOMAS GREATOREX 10YR OLD BOYS 4x50m EVENTS

ALBERT AN 10YR OLD BOYS 4x50M EVENTS



DANIEL FOOTE

EDWARD DIOLA 11YR OLD BOYS 11YR OLD BOYS 4x100m Events 4x100m Events 4x100m Events 4x100m Events

100m races in all four strokes.

Each age group was presented chronologically, and from Stingrays we had Zara in 8-y-o, Tom and Albert in 10-y-o, and Emilee, Patrick, Daniel and Edward in the 11-y-o who swam 100m in each stroke - and other races besides.

The FNQ Complete Swimmer Award was newly introduced this year, and is to recognise all the younger swimmers who fulfill certain requirements during the Championships; these being, for 8–10 year-olds to swim 50m races in all four strokes, and for 11 year-olds to swim

FNQ Championships



A few relay races were staged throughout the meet, and Stingrays submitted teams as follows, together with their finishing positions:

Boys 12 & Under 200m Freestyle Relay

Albert An
 Thomas Greatorex
 Patrick Martin
 Edward Diola

Boys 13 & Over 200m Freestyle Relay - A team

'A' Team 1. Adam Woodward 2. Benjamin Waters
3. Adam Foote 4. Sam Tress

Boys 13 & Over 200m Freestyle Relay - B team

"B' Team 1. Triton Smith 2. Edward Orchard 3. Ryan Woodward 4. Nathan Foote

Girls 12 & Under 200m Freestyle Relay

Kelsey Orchard
 Alexandra Greatorex
 Natalie Beck
 Emilee Salecich

Girls 13 & Over 200m Freestyle Relay - A team

'A' Team 1. Ella Diola 2. Keely Salecich 3. Madison Thieme 4. Kali Houlihan

Girls 13 & Over 200m Freestyle Relay - B team

'B' Team 1. Neve Houlihan 2. Grace Grainer
3. Jane-Lee Pregl 4. Amber Waters

Boys 12 & Under 200m Medley Relay

Thomas Greatorex (back) 2. Ezlan B-B (breast)
 Angus Richardson (free)

Boys 13 & Over 200m Medley Relay - A team

'A' Team 1. Benjamin Waters (back) 2. Adam Foote (breast)
3. Sam Tress (fly) 4. Adam Woodward (free)

Boys 13 & Over 200m Medley Relay - B team

'B' Team 1. Ryan Woodward (back) 2. Nathan Foote (breast 3. Edward Orchard (fly) 4. Triton Smith (free)

Girls 12 & Under 200m Medley Relay

1. Alex Greatorex (back) 2. Natalie Beck (breast)
3. Emilee Salecich (fly) 4. Kelsey Orchard (free)

Girls 13 & Over 200m Medley Relay - A team

'A' Team 1. Amber Waters (back) 2. Jane-Lee Pregl (breast)
3. Ella Diola (fly) 4. Kali Houlihan (free)

Girls 13 & Over 200m Medley Relay - B team

'B' Team 1. Keely Salecich (back) 2. Grace Grainer (breast)
 3. Madison Thieme (fly) 4. Neve Houlihan (free)

Athletes' Performances on the day:

	Combined time imp.(s)	No. of Events	
	Overall Performance	IMP	NO IMP
Albert An		6	1
Ezlan Bergey-Bray	V	1	3
Edward Diola		5	5
Adam Foote	_	5	4
Daniel Foote	_	6	1
Nathan Foote	_	6	5
Thomas Greatorex		4	3
Owen Hallett	_	3	3
Connor Lloyd		4	-
Patrick Martin	_	12	-
Edward Orchard		3	3
Flynn Riordan		6	-
Triton Smith		7	3
Liam Thieme		6	1
Samuel Tress	V	7	2
Benjamin Waters		10	2
Adam Woodward		4	2
Ryan Woodward		3	8
Natalie Beck	*	3	2
Emogen Bergey		1	3
Ella Diola		8	3
Grace Grainer	_	6	4
Alexandra Greatorex	T	3	2
Zara Hallett	_		4
Kali Houlihan		3	5
Neve Houlihan		3	3
Kelsey Orchard		2	5
Jane-Lee Pregl		2	6
Emilee Salecich		6	1
Keely Salecich	V	8	3
Madison Thieme	_	9	1
Amber Waters		2	7

3rd

8th

5th

6th

6th

7th

8th

The red–green bar represents comparative improvement (or penalty) calculated as an overall total of each swimmer's events; towards the green side is time improvement (and hence p.b) while the red side is time added on. Green numerals represent the number of events resulting in a p.b. - personal best time, while red numerals are those

 personal best time, while red numerals are events which did not achieve p.b.'s.

FNQ Finals Podium Winners

EVENT: 200M IND. MEDLEY CATEGORY: BOYS 13 YEAR OLDS SWIMMER: RYAN WOODWARD POSITION: SECOND PLACE TIME SWUM: 2:35.58s

EVENT: 200M IND. MEDLEY CATEGORY: BOYS 15 YEAR OLDS SWIMMER: SAMUEL TRESS POSITION: FIRST PLACE TIME SWUM: 2:19.12s

EVENT: 400M IND. MEDLEY CATEGORY: BOYS 12 & OVER SWIMMER: BENJAMIN WATERS POSITION: THIRD PLACE TIME SWUM: 5:14.91s

EVENT: 1500M FREESTYLE CATEGORY: BOYS 12 & OVER SWIMMER: BENJAMIN WATERS POSITION: THIRD PLACE TIME SWUM: 18:38.45s









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	swimmer	club
1 st	William Layton	Marlin Coast
2 nd	Ryan Woodward	Stingrays
3 rd	Toby Taylor	TAS

	swimmer	club
1 st	Samuel Tress	Stingrays
2 nd	Brayden Cramp	Saints
3 rd	Lloyd Lucey	Saints

	swimmer	club
1 st	Oliver Anu	Saints
2 nd	Ryan Clark	Marlin Coast
3 rd	Benjamin Waters	Stingrays

	swimmer	club
1 st	Marcus West	Marlin Coast
2 nd	Lucas Kresevic	Saints
3 rd	Benjamin Waters	Stingrays

EVENT: 50M BREASTSTROKE CATEGORY: GIRLS 12 & OVER SWIMMER: ELLA DIOLA POSITION: SECOND PLACE TIME SWUM: 39.03s

EVENT: 50M FREESTYLE CATEGORY: GIRLS 12 & OVER SWIMMER: ELLA DIOLA POSITION: SECOND PLACE TIME SWUM: 28.62s

EVENT: 200M IND. MEDLEY CATEGORY: GIRLS 16 & OVER SWIMMER: AMBER WATERS POSITION: THIRD PLACE TIME SWUM: 2:47.96s





	swimmer	club
1 st	Danika Prizmic	Mareeba
2 nd	Ella Diola	Stingrays
3 rd	Jasmine Olds	Marlin Coast



	swimmer	club
1 st	Enna Thorpe	Marlin Coast
2 nd	Ella Diola	Stingrays
3 rd	Hannah Synott	TAS



	swimmer	club
1 st	Harriet Grant	TAS
2 nd	Cassidy Bromley	Centrals
3rd	Amber Waters	Stingrays



	swimmer	club
1 %	Ella Goddard	TAS
2 nd	Charlotte Fifield	Saints
3 rd	Neve Houlihan	Stingrays

EVENT: 100M BACKSTROKE

SWIMMER: RYAN WOODWARD POSITION: FIRST PLACE

TIME SWUM: 1:10.34s

CATEGORY: BOYS 13 YEAR OLDS

FNQ Finals Podium Winners

EVENT: 100M BREASTSTROKE CATEGORY: BOYS 13 YEAR OLDS SWIMMER: RYAN WOODWARD POSITION: THIRD PLACE TIME SWUM: 1:28.18s



	swimmer	club
1 st	Toby Taylor	TAS
2 nd	Gnu Kim	Edge Hill
3rd	Ryan Woodward	Stingrays

EVENT: 50M BUTTERFLY

POSITION: FIRST PLACE

TIME SWUM: 27.75s

CATEGORY: BOYS 12 & OVER

SWIMMER: ADAM WOODWARD

EVENT: 100M BREASTSTROKE CATEGORY: BOYS 15 YEAR OLDS SWIMMER: SAMUEL TRESS POSITION: SECOND PLACE TIME SWUM: 1:17.37s



	swimmer	club
1 st	Bryce Jones	Malanda
2 nd	Samuel Tress	Stingrays
3 rd	Brayden Cramp	Saints

EVENT: 100M BUTTERFLY
CATEGORY: BOYS 13 YEAR OLD
SWIMMER: RYAN WOODWARD
POSITION: SECOND PLACE



	swimmer	club
1 st	William Layton	Marlin Coast
2 nd	Ryan Woodward	Stingrays
3 rd	Gnu Kim	Edge Hill

EVENT: 100M BREASTSTROKE CATEGORY: BOYS 14 YEAR OLDS SWIMMER: NATHAN FOOTE POSITION: THIRD PLACE TIME SWUM: 1:21.96s



	swimmer	club
1 st	Flynn Martin	TAS
2 nd	Oliver Anu	Saints
3 rd	Nathan Foote	Stingrays



	swimmer	club
1 st	Ryan Woodward	Stingrays
2 nd	William Layton	Marlin Coast
3rd	Toby Taylor	TAS

EVENT: 100M BUTTERFLY CATEGORY: BOYS 15 YEAR OLDS SWIMMER: SAMUEL TRESS POSITION: FIRST PLACE TIME SWUM: 59.79s



	swimmer	club
1 st	Samuel Tress	Stingrays
2 nd	Brayden Cramp	Saints
3 rd	Lloyd Lucey	Saints

EVENT: 100M BACKSTROKE

CATEGORY: BOYS 15 YEAR OLDS SWIMMER: SAMUEL TRESS POSITION: THIRD PLACE TIME SWUM: 1:04.31s



	swimmer	club
1 st	Brayden Cramp	Saints
2 nd	Lloyd Lucey	Saints
311	Samuel Tress	Stingrays

	swimmer	club
1 st	Adam Woodward	Stingrays
2 nd	Simon Moore	Mossman
3 rd	Daniel Pryke	Mareeba

FNQ Finals Podium Winners

EVENT: 50M FREESTYLE
CATEGORY: BOYS 12 & OVER
SWIMMER: SAMUEL TRESS
POSITION: FIRST PLACE
TIME SWUM: 25.61s



	swimmer	club
1 st	Samuel Tress	Stingrays
2 nd	Adam Woodward	Stingrays
3 rd	Harrison Burnett	Atherton

EVENT: 50M FREESTYLE
CATEGORY: BOYS 12 & OVER
SWIMMER: ADAM WOODWARD
POSITION: SECOND PLACE
TIME SWUM: 25.79s

EVENT: 100M FREESTYLE
CATEGORY: BOYS 15 YEAR OLDS
SWIMMER: SAMUEL TRESS
POSITION: FIRST PLACE
TIME SWUM: 54.83s



	swimmer	club
1 st	Samuel Tress	Stingrays
2 nd	Brayden Cramp	Saints
3 rd	Lloyd Lucey	Saints

EVENT: 200M FREESTYLE
CATEGORY: BOYS 11 & OVER
SWIMMER: SAMUEL TRESS
POSITION: FIRST PLACE
TIME SWUM: 2:02.84s



	swimmer	club
1 st	Samuel Tress	Stingrays
2nd	Lucas Kresevic	Saints
3 rd	Michael Theakston	Mareeba

EVENT: 400M FREESTYLE
CATEGORY: BOYS 11 & OVER
SWIMMER: BENJAMIN WATERS
POSITION: FIRST PLACE
TIME SWUM: 4:31.44s



	swimmer	club
1 st	Benjamin Waters	Stingrays
2 nd	Marcus West	Marlin Coast
311	Hayden Telford	TAS

Other Awards on the day, and at Duel in the Pool



The Team Spirit Award

Presented to the club judged to have given their team the greatest support over the weekend.

Winner Cairns Stingrays

FNQ Long Course Relay Shield

Aggregate winner of the relay races.

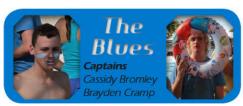
First	Saints Swimming
Second	Cairns Stingrays
Third	TAS Swimming

'Duel in the Pool'



This event forms the roundup to the competitive carnival season, staged by FNQ Regional Swimming Association, as a fun day for all the clubs with some fun racing and social collaboration divided into four teams, as well as the presentation of the end-of-season trophies. The winning team was determined at the end of the day.





And the winners were... the Green Team!
Captained by Ryan Clark and Zara
Chauvin-Hartmann, it included Stingrays
Nathan Foote and Zara Hallett.



Age Champions & Awards



WINNER EZLAN BERGEY-BRAY



WINNER ALBERT AN



WINNER EMILEE SALECICH



RUNNER-UP RYAN WOODWARD



WINNER
SAMUEL TRESS

SAM TRESS

WINNER OF THE EDDIE LEEON MEMORIAL TROPHY, 2017

FOR THE BEST MALE OR FEMALE IN THE 100M BUTTERFLY EVENT



Cairns Stingrays Swimming Club wishes to thank our sponsors for this season:











