

Cairns Stingrays Swimming Club

CARNIVAL Results

November 2023

Saints & Centrals Long Course

Season 2023–24 Sixth Long Course Carnival

SAINTS & CENTRAL CAIRNS LC PREPARATION MEET

DATE: 17 – 19 Nov 2023:

VENUE: TAS AQUATIC CENTRE

31 PARTICIPANTS (30 PRESENT): Natalie Beck; Emily Brown; Lucy Cracknell; Thomas Cracknell; Eloise Dalmeyer; Claire De la Fonteyne; Zara De la Fonteyne; Jessica Deane; Heath Drummond-Smith; Nathan Foote; (Kaia Ford); Eva Greenwood; Isabelle Greenwood; Sunny Kito; Sydney kito; Elise Libke; Bella-Trez McClean; Logan McKenzie; Isabel Miotto; Darcy Oliver; Ella Oliver; Sienna Page; Rianna Piccolo; Jaxon Pickard; Amelie Scholes; Thomas Scholes; Madeline Stewart; Kai Travers-Mason; Ruby Walkear; Rylee Whitby; Savannah Yates



Saints' Preparation 3-day meet is spread over three days to give swimmers the best opportunity for performing at their peak while also allowing sufficient rest time in between their races. All the 50m races were held on the Friday evening, and remaining distances split over two half day sessions over the weekend.

Placements	1	2	3
Sydney Kito	4	2	1
Jessica Deane	4	1	
Nathan Foote	1	1	3
Emily Brown	1	1	1
Lucy Cracknell	1		
Natalie Beck		1	
Sunny Kito			1

Results were not multi-aged, hence why there is only a handful of placement results from the top performers - well done to those, with Sydney topping the rankings, closely followed by Jessica. Swimmers featured on this page were those performing best in terms of getting personal best (p.b) times. Additional mention should be made to Thomas Cracknell who p.b'ed his one event, and Heath Drummond-Smith who managed 2 of his three events; these were achieved however on the first day of racing - Friday evening, when media was not present.



STATISTICS			
	TOTAL	MALE	FEMALE
Swimmers	30	9	21
Swim entries	174	55	119
First time swims	0	0	0
No swims	3	0	3
DQ's	0	0	0
Improvements	63	23	40
Improvement %age	37%	42%	34%

