



**Cairns  
Stingrays  
Swimming Club**



### JX AWARDS

At Club Night #4 - Oct 25, we presented our winners of the Bioisland Swimming Australia Junior Excellence with their gift packages, in recognition of their achievements from the previous season, 2018-19.

We had four Gold level winners, seven Silver, seven Bronze, and ten Blue level recipients. (unfortunately six have since transferred to other clubs, and five have now retired from swimming). Well done to everyone else! Keep swimming!



### IT'S THAT TIME OF YEAR AGAIN...

Later in the month we hope to be distributing our Christmas Raffle tickets again; we aim to allocate a book of tickets to every family which you can on-sell to friends - or purchase yourself - in the hope of winning our "Christmas Hamper." We do ask that if each family can donate something of an unperishable nature to this, be it food, drink, games or gifts, then the lucky winning family will go home with an assortment of festive prizes...

### Christmas Party:

Fri 6<sup>th</sup> December

# the month ahead November at a glance

### CLUB NIGHT NOTICES

The first club night of this month - 8<sup>th</sup>, we will be presenting our first Series Awards; certificates are awarded to the top ten improvers, with the #1 most improved receiving their personalised towel. (Refer to your Handbook, p.5 for details and criteria).

There is only one other club night this month, held at the very end on the 29<sup>th</sup>; this is due to the intervening carnivals on consecutive weekends, see below. This includes an additional carnival put on by ourselves on the Saturday 16<sup>th</sup>, to replace Mareeba's cancellation. This will be a transition meet and will be suited to the younger swimmers, with 25m distance races included - a good opportunity for our younger swimmers to take part.

**VOLUNTEERS REQUIRED:** as we are holding this additional carnival at short notice we would appreciate any help on the day from parents; you will receive an email to this effect. These events can only run smoothly when there is a team of people 'on the job'. If anyone can spare a few hours to help, please let a committee member know - 'Many hands make light work' - as they say!

### THIS MONTH'S CARNIVALS

There have been a couple of changes to the carnival calendar for this month, including the cancelling of Mareeba's meet on Nov 2: that slot being replaced by a re-scheduled Dimbulah meet, and a late substitution by our own club to replace the Mareeba meet, now on the 16 Nov.

**DIMBULAH - Saturday 2 Nov.** gates open 10:00am for an 11:00am start

Venue: Dimbulah Pool. Entry costs \$3 for adults. (allow 2 hours travel time).

Nominations for entering close on Monday 28<sup>th</sup> Oct. All nominations via MyLane; <https://fnq.swimming.org.au> Enquire with your club if you are unsure how to go about this.

**CAIRNS STINGRAYS replacement Transition Meet- Saturday 16 Nov.** gates open 8:00am for a 9:00am start

Venue: Woree Aquatic Centre. Entry costs \$3 for adults.

Nominations close on Monday 11<sup>th</sup> Nov.

**SAINTS - Fri 22<sup>nd</sup> - Sun 24<sup>th</sup> Nov.** State Preparation Meet held over three days at Tobruk Memorial Pool; sprint races on the Friday night to allow recovery time before the following days' events.

Friday - gates open 5:00pm, start 6:00pm  
Saturday - gates open 8:00am, start 9:00am  
Sunday - gates open 8:00am, start 9:00am

Entry cost: \$3 per day, Friday free

Nominations online as per above; nominations close Friday 15<sup>th</sup> Nov at 10:00pm

Please note: NT's (no times) will not be accepted; swimmers must have times for events they nominate for (obtained from swimming at prior carnivals).

### STINGRAYS RESOURCES

Website - [cairnsstingrays.com.au](http://cairnsstingrays.com.au)

Facebook - Cairns Stingrays

### Stingrays' Dates for your Diary

<b>Sat 2 Nov</b>	Dimbulah LC Transition Carnival	Venue: Dimbulah Pool
<b>Fri 8 Nov</b>	Club Night #05	
<b>Sat 16 Nov</b>	Cairns Stingrays LC Transition Carnival	Venue: Woree Aquatic Centre
<b>Fri-Sun 22-24 Nov</b>	Saints Preparation Meet LC Carnival	Venue: Tobruk Memorial Pool
<b>Fri 29 Nov</b>	Club Night #06	

Get the following Google Calendars:

- Stingrays Events**
- FNQ Swimming Carnivals**
- State & National Levels**

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