

Cairns Stingrays News

March 2016

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Woree Pool
4054 6964



Kids attending our last Club Night awaiting Easter-egg prizes



From the Editor

The Club has had a pretty awesome season - member numbers have been healthy, with good participation throughout; the facilities have been improved

through some major grant successes; parents have shown a willingness to get involved with helping, and ultimately the kids have all benefitted physically, enjoying their sport but also enjoying the social interaction of being a part of a club environment and all getting along together.

The photos here are testament to the camaraderie shared between members of the region's clubs, taken at the FNQ Championships - rivals the competitive members pit their skills against and yet without them there would not be that push to excel. They all share a common interest and a desire to better themselves.

Swimming is not simply a sport - more a discipline... hopefully for life.

Regards - **Martyn Foote**
(Publicity Coordinator)



Age 13 Boys - spot Nathan Foote



Age 12 girls - spot Keely and Ella



Age 16 & Over girls - spot Amber and Kali



Age 14 Boys - spot Sam Tress



Age 10 girls - spot Emilee Salecich

Club News



Season ends on a (chocolate) high

This year we again ended the season with our Easter raffle prizegiving as it was suitably close to this festival. Kids got to choose their gift from the table when their names were drawn from the hat. Lucky Sue Orchard took home the "grown-ups" gift box courtesy of her lovely caring son Edward! The raffle funds went to a worthy cause as it was in aid of helping Sam Tress attend the National Swimming Age Champs in Adelaide - well done Sam, awesome effort - hope you achieve your dreams! (sub-1-minute).



The Inaugural Stingrays SC Family Getaway!

For those who have booked and are going:

Camp Barrabadeen - Tinaroo Dam (opposite dam wall)

May Day weekend - 30th April – 2nd May



Proposed activities include:

- Open Water Swim
- Obstacle Course
- Treasure Hunt
- Fishing Competition
- Boating activities etc.

Proposed schedule:

Arrive - Saturday morning
 Club BBQ dinners - Saturday & Sunday
 Checkout Monday - midday

This is a fantastic opportunity for all families to get together in a social atmosphere and celebrate the fantastic & successful season we have had, along with having fun and bonding our team of Champions together even stronger.

Stingrays Date Claimers

CLUB Sat 23 Apr Club Break-Up & Awards Presentation

Sat 30 Apr Stingrays Family Getaway - Camp Barrabadeen

Break-up Party, Annual General Meeting & Presentation Day

The day will involve-

- Presentation of trophies & Final Series Awards
- Election of the new Committee for the 2016-17 swimming Season
- Annual club photo (please bring your club shirt)
- Free sausage sizzle and drinks

When: Saturday 23rd April 2016

Time: from 10:00am

Where: Woree Pool

Bring: your Stingrays T-shirt for annual Club Photo

FNQ Championships

FNQ Championships LC Carnival

The culmination of the year's competitive swimming calendar for the Far North Region happened over two full days of events, staged at the Marlin Coast Pool, Smithfield. Both days were broken down into two sessions - Heats and Finals with the top eight finalists in each age category qualifying to compete in the finals. Twenty-one of our swimmers made it into the finals, with eight of these finishing with a placement - see following pages.

Stingrays was the fourth-largest team contingent in the Championships with 26 athletes - one swimmer dropped out due to illness.



Our club had two lanes to time-keep, and also the task of preparing medals and ribbons. Ribbons were awarded for relay races.

The first day started with the Clubs' march-past with each club in turn marching around the pool and congregating in front of the stand, where they each gave their war



FNQ REGIONAL LONG COURSE CHAMPIONSHIPS

DATE: 5-6 MARCH

VENUE: SMITHFIELD 'MARLIN COAST' POOL

27 PARTICIPANTS: Adam Foote; Adam Woodward; Alexandra Greatorex; Amber Waters; Angus Richardson; Ashleigh Richardson; Audrey Peden; Ben Waters; Daniel Foote; Edward Diola; Ella Diola; Emilee Salecich; Emogen Bergey; Ezlan Bergey-Bray; (Grace Grainer); Jane-Lee Pregl; Kali Houlihan; Keely Salecich; Kelsey Orchard; Madison Thieme; Nathan Foote; Neve Houlihan; Nicholas Goudie; Ryan Woodward; Sam Tress; Thomas Greatorex; Triton Smith

cries. Our club was rather more reserved than previous years as a third year wearing our 'stingray' hats would have been seen as predictable and tiresome.

The first events were the long distances, with Ben Waters performing an admirable effort in the 1500m, while Neve Houlihan did well in her 800m. The first day was the butterfly and backstroke heats and finals, with the second day being freestyle and breaststroke. Other distances were interspersed throughout, together with the IM's, and relays.

Qualifiers for the finals are announced, with swimmers invited to 'scratch' if they know they cannot attend later, and give their place to any reserve finalists. Finals were staged, and alternated with prizegivings when they were ready to be announced.



FNQ Championships



Kali in lane 1 (farthest away) diving in at the start of the Girls' 100m breaststroke final

A few relay races were staged throughout the meet, and Stingrays submitted teams as follows, together with their finishing positions:

Boys 10 & Under 200m Freestyle Relay

- 1. Daniel Foote
- 2. Angus Richardson
- 3. Thomas Greatorex
- 4. Edward Diola

2nd

Boys 13 & Over 200m Freestyle Relay

- 1. Adam Woodward
- 2. Adam Foote
- 3. Nicholas Goudie
- 4. Sam Tress

4th

Girls 12 & Under 200m Freestyle Relay

- 1. Emilee Salecich
- 2. Alexandra Greatorex
- 3. Emogen Bergey
- 4. Jane-Lee Pregl

5th

Girls 13 & Over 200m Freestyle Relay

- 1. Ella Diola
- 2. Keely Salecich
- 3. Amber Waters
- 4. Neve Houlihan

3rd

Mixed 13 & Over 400m Medley Relay

- 'A' Team**
- 1. Ella Diola (back)
 - 2. Sam Tress (breast)
 - 3. Adam Woodward (fly)
 - 4. Kali Houlihan (free)

6th

Mixed 13 & Over 400m Medley Relay

- 'B' Team**
- 1. Amber Waters (back)
 - 2. Adam Foote (breast)
 - 3. Ben Waters (fly)
 - 4. Keely Salecich (free)

8th

Boys 10 & Under 200m Medley Relay

- 1. Thomas Greatorex (back)
- 2. Ezlan B-B (breast)
- 3. Edward Diola (fly)
- 4. Angus Richardson (free)

2nd

Boys 13 & Over 200m Medley Relay

- 1. Adam Woodward (back)
- 2. Adam Foote (breast)
- 3. Sam Tress (fly)
- 4. Ben Waters (free)

6th

Girls 12 & Under 200m Medley Relay

- 1. Alex Greatorex (back)
- 2. Jane-Lee Pregl (breast)
- 3. Emilee Salecich (fly)
- 4. Kelsey Orchard (free)

7th

Girls 13 & Over 200m Medley Relay

- 1. Amber Waters (back)
- 2. Ella Diola (breast)
- 3. Keely Salecich (fly)
- 4. Neve Houlihan (free)

5th

Mixed Open 400m Freestyle Relay

- 'A' Team**
- 1. Ryan Woodward
 - 2. Ella Diola
 - 3. Kali Houlihan
 - 4. Sam Tress

4th

Mixed Open 400m Freestyle Relay

- 'B' Team'**
- 1. Nicholas Goudie
 - 2. Keely Salecich
 - 3. Neve Houlihan
 - 4. Ben Waters

7th

Stingrays who qualified into the finals:

	Back	Breast	Free	Fly
Adam Foote	■	■	■	■
Adam Woodward			■	
Amber Waters	■	■	■	■
Angus Richardson	■	■	■	■
Audrey Peden		■		
Daniel Foote		■		
Edward Diola	■			■
Ella Diola	■	■	■	■
Emilee Salecich	■	■	■	■
Ezlan Bergey-Bray	■	■	■	■
Jane-Lee Pregl		■		
Kali Houlihan	■	■	■	■
Keely Salecich	■		■	■
Madison Thieme		■		
Nathan Foote	■	■	■	■
Nicholas Goudie			■	■
Neve Houlihan	■	■	■	
Ryan Woodward	■	■	■	
Samuel Tress	■	■	■	■
Thomas Greatorex	■	■	■	
Triton Smith		■		

The green boxes indicate the race stroke/s Finals that each swimmer qualified for and entered - and those who achieved a top-three placement are shown in the table below:

Name	Winning placement (1 st , 2 nd or 3 rd)
Adam Foote	100 Breast; 100 Fly
Emilee Salecich	50 Free; 50 Back; 50 Fly
Ezlan Bergey-Bray	50 Breast; 50 Back; 50 Free; 50 Fly
Kali Houlihan	100 Free; 100 Breast; 100 Fly; 100 Back
Neve Houlihan	100 Free
Ryan Woodward	100 Free; 100 Breast; 100 Back
Samuel Tress	100 Free; 100 Fly
Thomas Greatorex	50 Free; 50 Back

The above winners were presented their medals on the winners podium on the following pages:

FNQ Finals Winners - Girls

EVENT: 50M BUTTERFLY FINAL
CATEGORY: GIRLS 10 YEAR OLDS
SWIMMER: EMILEE SALECICH
POSITION: FIRST PLACE
TIME SWUM: 38.94s



	swimmer	club
1 st	Emilee Salecich	Stingrays
2 nd	She-in Kim	Edge Hill
3 rd	Ema Kuwabara	Centrals

EVENT: 50M BACKSTROKE FINAL
CATEGORY: GIRLS 10 YEAR OLDS
SWIMMER: EMILEE SALECICH
POSITION: SECOND PLACE
TIME SWUM: 42.15s



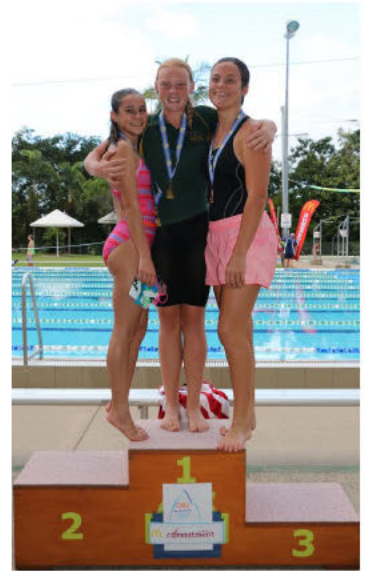
	swimmer	club
1 st	Maya Shepherd	TAS
2 nd	Emilee Salecich	Stingrays
3 rd	Ema Kuwabara	Centrals

EVENT: 50M FREESTYLE FINAL
CATEGORY: GIRLS 10 YEAR OLDS
SWIMMER: EMILEE SALECICH
POSITION: FIRST PLACE
TIME SWUM: 34.11s



	swimmer	club
1 st	Emilee Salecich	Stingrays
2 nd	Ema Kuwabara	Centrals
3 rd	Maggie Webber	Marlin Coast

EVENT: 100M FREESTYLE FINAL
CATEGORY: GIRLS 15 YEAR OLDS
SWIMMER: NEVE HOULIHAN
POSITION: THIRD PLACE
TIME SWUM: 1:08.98s



	swimmer	club
1 st	Harriet Grant	Marlin Coast
2 nd	Alexa Nervo	Centrals
3 rd	Neve Houlihan	Stingrays

EVENT: 100M BUTTERFLY FINAL
CATEGORY: GIRLS 17 & OVER
SWIMMER: KALI HOULIHAN
POSITION: THIRD PLACE
TIME SWUM: 1:19.63s



	swimmer	club
1 st	Ryleigh Lammert	Marlin Coast
2 nd	Isabel Byrne	TAS
3 rd	Kali Houlihan	Stingrays

EVENT: 100M BACKSTROKE FINAL
CATEGORY: GIRLS 17 & OVER
SWIMMER: KALI HOULIHAN
POSITION: THIRD PLACE
TIME SWUM: 1:21.33s



	swimmer	club
1 st	Ryleigh Lammert	Marlin Coast
2 nd	Isabel Byrne	TAS
3 rd	Kali Houlihan	Stingrays

EVENT: 100M BREAST FINAL
CATEGORY: GIRLS 17 & OVER
SWIMMER: KALI HOULIHAN
POSITION: THIRD PLACE
TIME SWUM: 1:39.89s



	swimmer	club
1 st	Ryleigh Lammert	Marlin Coast
2 nd	Isabel Byrne	TAS
3 rd	Kali Houlihan	Stingrays

EVENT: 100M FREESTYLE FINAL
CATEGORY: GIRLS 17 & OVER
SWIMMER: KALI HOULIHAN
POSITION: SECOND PLACE
TIME SWUM: 1:04.28s



	swimmer	club
1 st	Ryleigh Lammert	Marlin Coast
2 nd	Kali Houlihan	Stingrays
3 rd	Isabel Byrne	TAS

FNQ Finals Winners - Boys

EVENT: 50M BACKSTROKE FINAL
CATEGORY: BOYS 8 & UNDER
SWIMMER: EZLAN BERGEY-BRAY
POSITION: SECOND PLACE
TIME SWUM: 47.86s



	swimmer	club
1 st	Oscar Brown	Saints
2 nd	Ezlan Bergey-Bray	Stingrays
3 rd	Dean Kelleher	Innisfail

EVENT: 50M BUTTERFLY FINAL
CATEGORY: BOYS 8 & UNDER
SWIMMER: EZLAN BERGEY-BRAY
POSITION: FIRST PLACE
TIME SWUM: 59.77s



	swimmer	club
1 st	Ezlan Bergey-Bray	Stingrays
2 nd	Dean Kelleher	Innisfail
3 rd	-	

EVENT: 50M FREESTYLE FINAL
CATEGORY: BOYS 8 & UNDER
SWIMMER: EZLAN BERGEY-BRAY
POSITION: SECOND PLACE
TIME SWUM: 41.92s



	swimmer	club
1 st	Oscar Brown	Saints
2 nd	Ezlan Bergey-Bray	Stingrays
3 rd	Dean Kelleher	Innisfail

EVENT: 50M BREAST FINAL
CATEGORY: BOYS 8 & UNDER
SWIMMER: EZLAN BERGEY-BRAY
POSITION: SECOND PLACE
TIME SWUM: 59.14s



Nathan
Turnbull
shown
here by
mistake

	swimmer	club
1 st	Oscar Brown	Saints
2 nd	Ezlan Bergey-Bray	Stingrays
3 rd	Dean Kelleher	Innisfail

EVENT: 50M BACKSTROKE FINAL
CATEGORY: BOYS 9 YEAR OLDS
SWIMMER: THOMAS GREATOREX
POSITION: THIRD PLACE
TIME SWUM: 48.14s



2nd & 3rd
in wrong
positions

	swimmer	club
1 st	Albert An	Edge Hill
2 nd	Joshua Chen	Centrals
3 rd	Tom Greatorex	Stingrays

EVENT: 50M FREESTYLE FINAL
CATEGORY: BOYS 9 YEAR OLDS
SWIMMER: THOMAS GREATOREX
POSITION: THIRD PLACE
TIME SWUM: 46.33s



	swimmer	club
1 st	Albert An	Edge Hill
2 nd	Joshua Chen	Centrals
3 rd	Tom Greatorex	Stingrays

EVENT: 100M BUTTERFLY FINAL
CATEGORY: BOYS 15 YEAR OLDS
SWIMMER: ADAM FOOTE
POSITION: THIRD PLACE
TIME SWUM: 1:18.99s



	swimmer	club
1 st	Guy Carley	Saints
2 nd	Ben Van der Zant	Atherton
3 rd	Adam Foote	Stingrays

EVENT: 100M BREAST FINAL
CATEGORY: BOYS 15 YEAR OLDS
SWIMMER: ADAM FOOTE
POSITION: THIRD PLACE
TIME SWUM: 1:26.62s



	swimmer	club
1 st	Guy Carley	Saints
2 nd	Shae Spence	Marlin Coast
3 rd	Adam Foote	Stingrays

FNQ Finals Winners - Boys

EVENT: 100M BACKSTROKE FINAL
CATEGORY: BOYS 12 YEAR OLDS
SWIMMER: RYAN WOODWARD
POSITION: FIRST PLACE
TIME SWUM: 1:17.59s



	swimmer	club
1 st	Ryan Woodward	Stingrays
2 nd	William Layton	Marlin Coast
3 rd	Bailey Wakeford	Malanda

EVENT: 100M FREESTYLE FINAL
CATEGORY: BOYS 12 YEAR OLDS
SWIMMER: RYAN WOODWARD
POSITION: SECOND PLACE
TIME SWUM: 1:10.12s



	swimmer	club
1 st	William Layton	Marlin Coast
2 nd	Ryan Woodward	Stingrays
3 rd	Joel Tenni	TAS

EVENT: 100M BREAST FINAL
CATEGORY: BOYS 12 YEAR OLDS
SWIMMER: RYAN WOODWARD
POSITION: SECOND PLACE
TIME SWUM: 1:29.28s



	swimmer	club
1 st	Liam Newlands	Mareeba
2 nd	Ryan Woodward	Stingrays
3 rd	Joel Tenni	TAS

Medals	G	S	B
Ryan	2	1	
Ezlan	2		
Emilee	1	1	
Kali	1		
Daniel		2	1
Sam		2	1
Ben		1	
Edward D			1
Nathan			1
Triton			1

The table above shows medals won in other events aside from the heats and finals winners shown on this page and previous page.

STATISTICS	
Improvements	48%
First time swims	16
No swims	6
DQ's	nil

EVENT: 100M BUTTERFLY FINAL
CATEGORY: BOYS 14 YEAR OLDS
SWIMMER: SAMUEL TRESS
POSITION: FIRST PLACE
TIME SWUM: 1:02.38s



	swimmer	club
1 st	Sam Tress	Stingrays
2 nd	Bayley Bettini	Saints
3 rd	Brayden Cramp	Saints

EVENT: 100M FREESTYLE FINAL
CATEGORY: BOYS 14 YEAR OLDS
SWIMMER: SAMUEL TRESS
POSITION: SECOND PLACE
TIME SWUM: 57.49s



	swimmer	club
1 st	Brayden Cramp	Saints
2 nd	Sam Tress	Stingrays
3 rd	Josh Theakston	Mareeba

Other Awards on the day, and at Duel in the Pool;

Renee Duncombe Memorial Trophy
 Awarded to the FNQ club who was judged the "Best Presented" club in the march past.

Winner Saints

The Team Spirit Award
 Presented to the FNQ club judged to have given their team the greatest support throughout the weekend.

Winner Marlin Coast

FNQ Long Course Relay Shield

First	Saints Swimming
Second	Marlin Coast
Third	Atherton

'Duel in the Pool'

Held a week after the Championships, this event was primarily the prizegiving ceremony for the season's Age Champions, but it was also staged as a fun day for all the clubs with some fun racing and social collaboration in four teams, colour-themed. The winning team was determined at the end of the day.



Yellow Team



Blue Team



Green Team



Red Team

And the winners were... the Yellow Team!

Captained by Ryan Clark and Mikaela Crowe, it included Stingrays Natalie Beck, Sophie & Alex Greatorex and Neve Houlihan. At the end of the day they brought out a celebratory cake for all to share, specially commissioned by a local cake artist. Spot the Stingrays in the photo!



BOYS AGE 8 CHAMPION

**WINNER
EZLAN BERGEY-BRAY**

Prizes were presented by Drew McGregor - SQ Coach Development, Nicholas Smith - SQ Sports Science, & Jade Edmiston - former Australian Team member and 50m Breaststroke WR holder.

SAM TRESS
WINNER OF THE JULIE MAJER PERPETUAL TROPHY, 2016
FOR THE MOST OUTSTANDING FINO RECORD OF THE CHAMPIONSHIPS



BOYS AGE 14 CHAMPION

**RUNNER-UP
SAMUEL TRESS**



GIRLS AGE 10 CHAMPION

**WINNER
EMILEE SALECICH**



BOYS AGE 12 CHAMPION

**RUNNER-UP
RYAN WOODWARD**

Cairns Stingrays Swimming Club wishes to thank our sponsors for this season:



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