



Cairns Stingrays News

November 2012

Committee Contacts 2012/13

PRESIDENT

Jason Salecich

VICE PRESIDENTS

Matt Simpson

Jenny Waters

SECRETARY

Kylea Simpson

TREASURER

Donna Salecich

REGISTRAR & NEWSLETTER

Martyn Foote

CLUB NIGHT COORDINATORS

Chris & Sue Gould

RACE SECRETARY

Sue Gould

UNIFORM COORDINATOR

Michelle Smith

Woree Pool

4054 6964



Stingrays Carnival participants posing for a group shot beside the home pool - with coach Greg



From the President

Well parents and kids as you can see it is an action packed newsletter with heaps of events and carnivals to report on and plenty to look forward to. As I write this report we are heading into a period of carnival after carnival. Can I say to all the Mums and Dads that I appreciate this is difficult and takes up plenty of weekend time but I can only encourage you all to participate where you can as it is a short season and every opportunity the kids get to compete is good for them, their confidence, and the team building and morale of the club which can I say has been excellent this year.

I want to thank all of our swimmers and parents who put their hand up and helped out to make our carnival a total success. As I mentioned at the Club night our participation level was awesome so well done kids. I won't go into individual performances as most kids did PB's - you all should be proud of yourselves!

In this newsletter you will be aware of the Aquathon. This is one of the fundraisers we do, and would ask you all to try and raise some much needed dollars for the club. It is a fun night and kids can set themselves a benchmark of how far they can swim in half an hour and then see how they improve year on year.

Another new initiative is our family fun day. We are still in the planning stages due to trying to confirm a suitable date where accommodation is available and will confirm as soon as we can. This event is all about team work, team building and parents and kids getting together and having a Fun Day out and getting to know one another. I hope as President to have at least one of these days every year. Stay tuned for details.

So that's about it. To all swimmers keep up the great work and have fun and remember it is not about winning it is about doing your best. Winning is a bonus and so far this year many of you have already smashed your PB's which is great to see. To Mums and Dads thanks for supporting and getting kids to carnivals and the next month or two will be gone before we know it.

Regards -

Jason Salecich (President)

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Benjamin Waters swimming his Butterfly leg of the 200m IM.

Stingrays Carnival



Jazmin Bennetts and Maddison Wright in the Girls 8 and Under 25m Freestyle.



Elise Wheeler in the Girls 50m Backstroke.

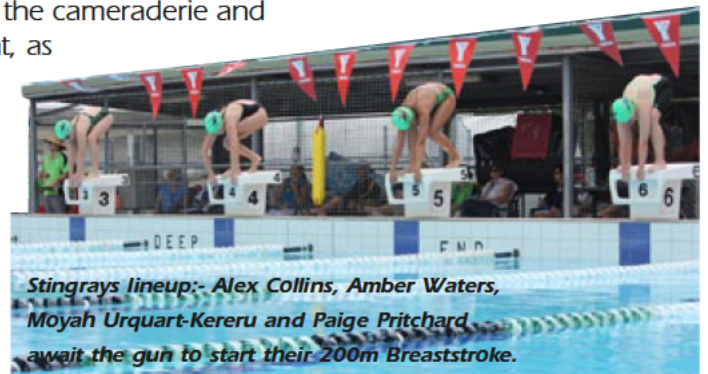
Our Carnival turned out to be a trouble-free event with practically a full-house team-wise from the Stingrays contingent, including many new members participating. The day ran smoothly from the outset, under a rather overcast sky at the beginning, which gradually cleared up to become a fine sunny afternoon.

Stingrays swimmers put on a great performance in their events, with many improving their p.b.'s; notable achievements were Ben Waters and Bayley Bettini's 200m IM races, Ben, Bayley and Jake Bennetts' trifecta of first, second and third place medals in both the 50m, and 100m Freestyle races. The three boys did it again in the 50m backstroke albeit with a switcheroo in placings - Bayley coming first. Well done to Felicity Plumb for first placing in both backstroke and butterfly 50m races, in her age category.

Aside from the competing, the camaraderie and professionalism was evident, as was the enjoyment and participation... as well as some lucky winners in our prize draws!



A winners' trifecta to Stingrays - Ben, Bayley and Jake all take medals for the 50m, and 100m Freestyle.



Stingrays lineup:- Alex Collins, Amber Waters, Moyah Urquart-Kereru and Paige Pritchard await the gun to start their 200m Breaststroke.

Club Night Communication



Club Night Canteen operates on a volunteer roster basis:- we value families and members getting involved and taking turns to prepare their choice of food for the evening. This only needs to be a simple snack item, perhaps supported by some home baking. All food expenses incurred will be reimbursed by the club, and entry fee is waived for those catering on the night.

The canteen roster is posted up on the noticeboard: if you are interested in catering for a particular night please add your name to the list. We would like to let members know what food is available a week or two in advance if possible.



Menu ideas

- hamburgers
- hot dogs
- pizza
- toasted sandwiches
- fried rice
- chicken kebabs
- nachos

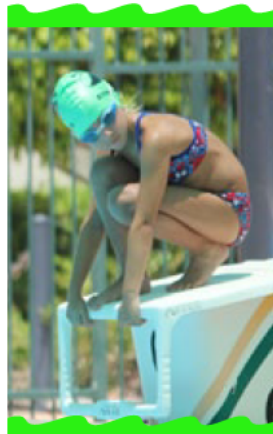


Stingrays is on Facebook
Cairns Stingrays Swimming Club
Kept updated with Events, general info. and other links.

Centrals Carnival

Central Cairns Swimming Club held their carnival over two days at the TAS pool. Stingrays had yet another strong contingent of participants from its recently-increased numbers – most sporting the distinctive green Stingrays caps in the pool, making for easy recognition – a minor, but significant point in enhancing our sense of team spirit.

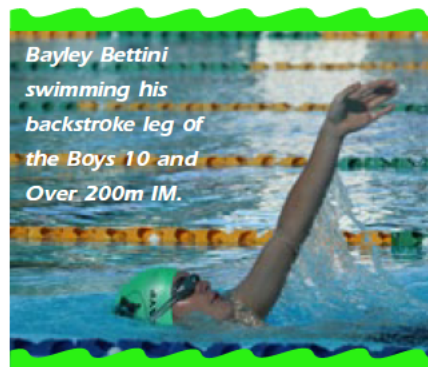
Again, an excellent effort was put in by all our swimmers... some made amazing improvements in their times, and there were some great performances.



Emilee Salecich on the block preparing for her 50m Butterfly event.



Grace Grainer swimming in the Girls age 8-9 50m Butterfly.



Bayley Bettini swimming his backstroke leg of the Boys 10 and Over 200m IM.



Estelle Urquart-Kereru and Paige Pritchard neck-and-neck in the Girls 10 and Over 200m Breaststroke.



Keely Salecich putting in a hard-fought effort against Sara Donovan of Atherton, in the Girls 8-9 50m Freestyle.



Felicity Plumb in the Girls 9 and Under 100m Freestyle.



Cairns
Stingrays
Swimming Club

Aquathon

Friday 16th November (Club Night) 2012

Stingrays is holding its Aquathon – sponsored swim event for its members, to raise money to assist the Club. Sponsorship forms will be distributed at the first Club Night this month, allowing two weeks to obtain sponsors; your child will have the option to decide which distance to swim – 25m or 50m laps (dependent on age and ability).

The swim will be timed to 1 hour, to achieve as many laps as possible; there will be prizes awarded for the most number of laps (in each age/distance category), and the most amount of sponsorship money raised.

We intend this to be an enjoyable challenge, and a practical way of raising some funds for all to share, in the club's activities.

HAPPY SPONSORING!

Stingrays Date Claimers

- Sun 4 Nov Dimbulah Carnival
- Fri 9 Nov Club Night - week 6
Nominations close for Mareeba Carnival.
- Sun 11 Nov Innisfail Carnival
- Fri 16 Nov Club Night - week 7
AQUATHON
Nominations close for TAS LC Qualifier Carnival.
- Sun 18 Nov Mareeba Carnival
- Fri 23 Nov Club Night - week 8
Nominations close for Malanda Carnival.
- Sat 24-25 Nov TAS LC Qualifier Carnival
- Tue 27 Nov Committee Meeting
- Fri 30 Nov Club Night - week 9
- Sat 1 Dec Family Fun Day
see Ad on p.4 - venue tbc.
- Sun 2 Dec Malanda Carnival



From Coach Greg

What a busy month we have had! November will be just as full on, so I hope you're all feeling fit and ready to race hard!

Thank you to all the parents for your continuing support of your children at both training and race days, even when you're required to drive up the range to Dimbulah, to cheer on your kids in sticky conditions!

The overall performance in the pool over the last few carnivals has been outstanding. With success in the form of state qualifications, gold times and frequent smashing of PB's, everyone should be very proud!

None of the above would happen without our hard training... Keep it up, as we are all on the right track for more fantastic results during the upcoming carnivals.

Lastly, thank you to the parents for being obliging to my request to watch training from the grandstand. I hope you all understand my reasoning, as I fully believe it will benefit the children's ability to focus, which will better their overall performance.

See you around the pool...

Greg



Stingrays Family Fun Day

We are planning a Fun Day of recreation in conjunction with one of the Tableland carnival weekends in November or early December. Overnight camping or cabin facilities available for those wanting to make a weekend of it, or just arrive for the day.

We will organise activities for the kids, BBQ, in a relaxed atmosphere, and those who plan to take part in the swimming carnival will go on to there on the Sunday.

An opportunity to socialise together as a club and support our kids having fun, before the Christmas holiday break-up.

Cairns Stingrays Swimming Club wishes to thank our Major Sponsor—Lennon Cairns Chartered Accountants



and our other valued sponsor, YMCA



Stingrays would also like to thank the following local businesses that support us:

Cazalys Cairns



Snap Printing

Footprint Design

Norweld

Trinity Auto Group

IGA Woree

Bunnings Warehouse

Great Adventures

Southside Quality Meats

Bayview Gardens Newsagency

Big Cat Cruises

Paronella Park

Cairns Golf Club

Cairns Wildlife Safari

Swimart, Southside Shopping

Village Woree

The Wax Pot, Woree

Stella Florist and Gift Gallery

Southside Shopping Village Woree