



Cairns Stingrays News

February 2014

Committee Contacts 2013/14

PRESIDENT

Jason Salecich

president@
cairnssingrays.com.au

VICE PRESIDENT

Jenny Waters

vicepresident@
cairnssingrays.com.au

SECRETARY

Natalie Grainer

secretary@cairnssingrays.com.au

TREASURER

Donna Salecich

treasurer@cairnssingrays.com.au

REGISTRAR & NEWSLETTER

Martyn Foote

registrar@cairnssingrays.com.au

Grants Officer

Frank Grainer

grants@cairnssingrays.com.au

CLUB NIGHT COORDINATORS

Chris (& Sue) Gould

coordinator@
cairnssingrays.com.au

RACE SECRETARY

Sue Gould

race-sec@cairnssingrays.com.au

UNIFORM COORDINATOR

Heather Urquhart Kerer

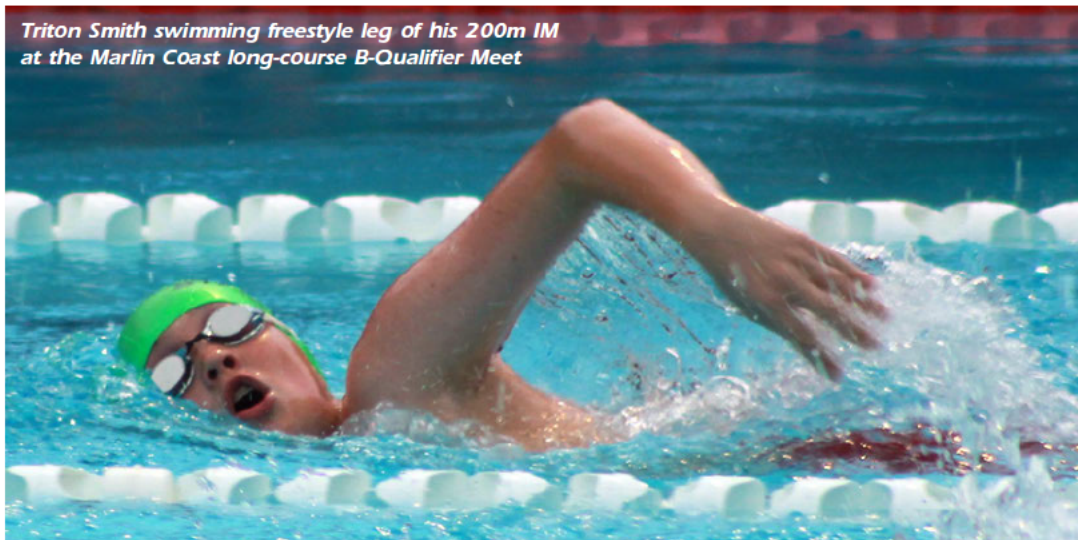
uniforms@cairnssingrays.com.au

cairnssingrays.com.au

Woree Pool
4054 6964



Triton Smith swimming freestyle leg of his 200m IM
at the Marlin Coast long-course B-Qualifier Meet



From the President

Well Parents and swimmers as our year draws to a close I want to stress one thing to all parents and kids. Although official swimming events come to a close the true ability to improve then comes down to the parents and individuals in making the choice to continue with their swimming. I am not sure if we remember but we live in FNQ and with winter temperatures mild at worst I see so many kids or parents choose to stop swimming because it is too cold.

For our Learn to Swim Members the small pool will be a beautiful 32°C and with some hot showers in the pool area, a track suit and appropriate clothes I can only urge all parents and kids to continue because the difference in abilities of kids who swim through as opposed to stop will be noticeably different. I respect that all kids should do more than one sport but even scaling swimming back to one or two days a week will enhance their overall fitness and ensure getting back into swimming next season will be much easier. For our older kids who play footy etc it will do nothing but help them with recovery and continue to build their aerobic fitness.

I look forward to all of our kids continuing to swim through the cooler months as their improvements will be well worth it and as a club we will continue to grow with improved results and more kids swimming.

That's enough for now and good luck kids at FNQ's.

Regards –

Jason Salecich (President)

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Don't forget...

**There will be
NO CLUB
NIGHT
on
Friday 7th March**

due to the FNQ
Championships being held
that evening & Saturday

President's News Column

New Coach for Squad

I am happy to announce the appointment of new Coach Patrick Stellino. Patrick comes to the pool well qualified and credentialed and having operated at Learn to Swim right through to senior squad level. Patrick had a clear vision for the club and swimming and I am sure the club will give him 100% support on his arrival in mid March. Patrick will be an integral part of our club going forward and will be welcomed to provide input at committee meetings and ideas he may have for taking the club forward.

Tradies Needed

The plans for the land based training facility are soon to be completed. I am putting the call out to any tradespeople in the club that can offer expertise, advice and some volunteer labor in the construction process. ANY savings I make in the building I guarantee will go to the facilities and fit-out of the building. If you can help in any way can you please let me know so I can consider this as I continue to crunch numbers and work out ways to fund and build the best building we can build for our kids and swimmers.



Emilee in her 50m backstroke

Carnival Knowledge

Marlin Coast Peninsula Qualifying Twilight Meet

The penultimate swimming carnival of the season saw an impressive Stingrays lineup of 21 official entrants (the third largest contingent), although three didn't swim on the day. It was a good overall attendance of 183 swimmers, for a twilight meet kicking off at 4pm on the saturday. It was very lucky with the weather, being overcast but with no rain - the rainfall only coming after it had all finished and we were on our way home.

The ribbon tally chart (below) shows the six swimmers who won placements, with a convincing first place in all four strokes for Emilee in the 8-year-old girls. Triton came first in his breaststroke for the 12-year-old boys category, and Daniel achieving two second-places in the 8-year-old boys for freestyle and butterfly. Other place-getters were Ben, Sam and Owen. Well done also to the three younger swimmers in the 7-&-Under category who get participation ribbons.



Emilee comes away with the most honours

Ribbons	1	2	3
Emilee	4		
Triton	1		
Daniel		2	
Ben		1	2
Sam			1
Owen			1

MARLIN COAST B-QUALIFIER

DATE: 22 FEB:

VENUE: SMITHFIELD POOL

21 PARTICIPANTS

3 NON-SWIMMERS ON THE DAY (SHOWN IN BRACES):

(Adam Foote); (Alex Green); Amber Waters; Benjamin Waters; Daniel Foote; Emilee Salecich; Estelle Urquhart Kereru; Grace Grainer; Jane-Lee Pregl; Keely Salecich; Kyle Lucas; Maddison McDonald; Moyah Urquhart Kereru; Nathan Foote; (Nefi Green); Owen Hallett; Phoebe Urquhart Kereru; Sam Tress; Sandra Eustice; Triton Smith; Zara Hallett

Participation Ribbons

- Maddison McDonald
- Kyle Lucas
- Zara Hallett

Stingrays Raffle winners

Congratulations to the following winners of the raffle prizes;

- 1st prize** Chris Tress
2 months free membership at Genesis Fitness
- 2nd prize** Sue Hoolihan
Voucher for 2 adults to Cairns Wildlife Dome
- 3rd prize** Sandy G.
\$50 Cazaly's voucher



Triton swimming his 50m freestyle



Daniel swimming his 100m freestyle

FNQ Championships



A retrospective look back at the FNQ Championships last year saw Cairns Stingrays winners of the Renee Duncombe Memorial Trophy for the best presented club at the meet – thanks to our fabulously coordinated foam stingray hats which our participating swimmers wore with pride during the march past around the pool and standing to attention while we delivered our specially composed war cry.

This is the last organised event of the swimming calendar for the season and gets good support from all the region's clubs, as well as a bit of a celebratory party atmosphere where clubs traditionally "present themselves" sometimes with elaborate costumes!

This year's event is being held over two days, the evening of Friday 7th, and all day Saturday 8th March kicking off at 9am with the parade. Refer to the flier that has already been issued for details. It is restricted to swimmers aged 8 and over, and minimum 50m distance; spectators are welcome, with or without participating swimmers.



The FNQ Championships takes place on Friday 7th and Saturday 8th March, at the Marlin Coast (Smithfield) Pool

Club Night Series Awards #3

Our third Series Awards were presented on Friday 28th February, to the top ten most improved swimmers over the previous four weeks. Triton Smith was in first position being awarded the personalised towel. All recipients were present on the night to receive their awards, except Natalie Zwart whose sister Naomi received it on her behalf. Well done!



Pos	Name	Pts
1	Triton Smith	58
2	Owen Hallett	51
3	Adam Foote	45
4	Maddison McDonald	40
5=	Sandra Eustice	39
5=	Edward Diola	39
7	Natalie Zwart	37
8	Ella Diola	35
9	Lana Gentle	34
10	Daniel Foote	33



Cairns Stingrays Swimming Club

Club Break-up & AGM

Sunday 27th April

Stingrays will be holding its Club Break-Up Party + combined trophy presentation and Annual General Meeting on Sunday 27th April.

This is the last official event in the season's calendar where all members who have participated will receive awards and medals according to their achievement, in line with our constitutional requirements as outlined in the Handbook.


We will provide further details about this event in the next newsletter.




Useful links

Woree Pool provides several integrated services to the community, including Learn-to-Swim classes, Squad Training for kids and adults, Aquafit classes, Wipeout inflatable assault course, and is home to swimming clubs (Stingrays, and Mudcrabs Masters swimmers club, as well as a regular Underwater Hockey Club and has affiliations with Cairns Crocs Triathlon Club). More information about these services can be found online at the following:-

cairnssstingrays.com.au

 [cairnssstingrays swimming club](https://www.facebook.com/cairnssstingrays)

www.woreepool.com

 [woree sports and aquatic centre](https://www.facebook.com/woreesports)

www.mudcrabs.org.au

www.cairnscrocs.org.au

fascination.fotomerchant.com

to view photos of Stingrays swimmers taken at the regional carnivals.



Stingrays Date Claimers

- Fri 14 Mar Club Night
- Fri 21 Mar Club Night
- Fri 28 Mar Final Club Night
- Sun 27 Apr Club Break-up Party, Presentation & AGM

Cairns Stingrays Swimming Club wishes to thank our Major Sponsor—Lennon Cairns Chartered Accountants



Stingrays would also like to thank the following local businesses that support us:

Cazalys Cairns



Snap Printing



Footprint Design



Russco Colortek

Norweld

Trinity Auto Group

IGA Woree

Bunnings Warehouse

Great Adventures

Southside Quality Meats

Bayview Gardens Newsagency

Big Cat Cruises

Paronella Park

Cairns Golf Club

Cairns Wildlife Safari

Swimart, Southside Shopping

Village Woree

The Wax Pot, Woree

Stella Florist and Gift Gallery

Southside Shopping Village Woree