

# Stingrays Club Night 2023 - 2024 Program of Events

## Week 1 - Friday 25th August 2023

|    |                        |
|----|------------------------|
| 1  | 9&U Juniors Undercover |
| 2  | Mixed 200 IM           |
| 3  | Mixed 50 Freestyle     |
| 4  | Mixed 25 Freestyle     |
| 5  | Mixed 50 Backstroke    |
| 6  | Mixed 25 Backstroke    |
| 7  | Mixed 50 Breaststroke  |
| 8  | Mixed 25 Breaststroke  |
| 9  | Mixed 50 Butterfly     |
| 10 | Mixed 25 Butterfly     |

## Week 2 - Friday 1 September 2023

|    |                        |
|----|------------------------|
| 11 | 9&U Juniors Undercover |
| 12 | Mixed 200 Freestyle    |
| 13 | Mixed 50 Breaststroke  |
| 14 | Mixed 25 Breaststroke  |
| 15 | Mixed 100 Freestyle    |
| 16 | Mixed 50 Freestyle     |
| 17 | Mixed 25 Freestyle     |
| 18 | Mixed 100 Breaststroke |

## Week 3 - Friday 8th September 2023

|    |                        |
|----|------------------------|
| 19 | 9&U Juniors Undercover |
| 20 | Mixed 200 Breaststroke |
| 21 | Mixed 50 Backstroke    |
| 22 | Mixed 25 Backstroke    |
| 23 | Mixed 100 Backstroke   |
| 24 | Mixed 50 Freestyle     |
| 25 | Mixed 25 Freestyle     |
| 26 | Mixed 100 Butterfly    |

## Week 4 - Friday 15th September 2023

|    |                        |
|----|------------------------|
| 27 | 9&U Juniors Undercover |
| 28 | Mixed 200 Butterfly    |
| 29 | Mixed 50 Breaststroke  |
| 30 | Mixed 25 Breaststroke  |
| 31 | Mixed 100 Breaststroke |
| 32 | Mixed 50 Freestyle     |
| 33 | Mixed 25 Freestyle     |
| 34 | Mixed 100 Backstroke   |

## Week 5 - Friday 13th October 2023

|    |                        |
|----|------------------------|
| 35 | 9&U Juniors Undercover |
| 36 | Mixed 200 Backstroke   |
| 37 | Mixed 50 Butterfly     |
| 38 | Mixed 25 Butterfly     |
| 39 | Mixed 100 Butterfly    |
| 40 | Mixed 50 Freestyle     |
| 41 | Mixed 25 Freestyle     |
| 42 | Mixed 100 Freestyle    |

## Week 6 - Friday 3rd November 2023

|    |                        |
|----|------------------------|
| 43 | 9&U Juniors Undercover |
| 44 | Mixed 200 IM           |
| 45 | Mixed 50 Freestyle     |
| 46 | Mixed 25 Freestyle     |
| 47 | Mixed 50 Backstroke    |
| 48 | Mixed 25 Backstroke    |
| 49 | Mixed 50 Breaststroke  |
| 50 | Mixed 25 Breaststroke  |
| 51 | Mixed 50 Butterfly     |
| 52 | Mixed 25 Butterfly     |

## Week 7 - Friday 24 November 2023

|    |                        |
|----|------------------------|
| 53 | 9&U Juniors Undercover |
| 54 | Mixed 200 Freestyle    |
| 55 | Mixed 50 Breaststroke  |
| 56 | Mixed 25 Breaststroke  |
| 57 | Mixed 100 Freestyle    |
| 58 | Mixed 50 Freestyle     |
| 59 | Mixed 25 Freestyle     |
| 60 | Mixed 100 Breaststroke |

## Week 8 - Friday 8th December 2023

|    |                        |
|----|------------------------|
| 61 | 9&U Juniors Undercover |
| 62 | Mixed 200 Breaststroke |
| 63 | Mixed 50 Backstroke    |
| 64 | Mixed 25 Backstroke    |
| 65 | Mixed 100 Backstroke   |
| 66 | Mixed 50 Freestyle     |
| 67 | Mixed 25 Freestyle     |
| 68 | Mixed 100 Butterfly    |

## Week 9 - Friday 2nd February 2024

|    |                        |
|----|------------------------|
| 69 | 9&U Juniors Undercover |
| 70 | Mixed 200 Butterfly    |
| 71 | Mixed 50 Breaststroke  |
| 72 | Mixed 25 Breaststroke  |
| 73 | Mixed 100 Breaststroke |
| 74 | Mixed 50 Freestyle     |
| 75 | Mixed 25 Freestyle     |
| 76 | Mixed 100 Backstroke   |

## Week 10 - Friday 9th February 2024

|    |                        |
|----|------------------------|
| 77 | 9&U Juniors Undercover |
| 78 | Mixed 200 Backstroke   |
| 79 | Mixed 50 Butterfly     |
| 80 | Mixed 25 Butterfly     |
| 81 | Mixed 100 Butterfly    |
| 82 | Mixed 50 Freestyle     |
| 83 | Mixed 25 Freestyle     |
| 84 | Mixed 100 Freestyle    |

## Week 11 - Friday 23rd February 2024

|    |                        |
|----|------------------------|
| 85 | 9&U Juniors Undercover |
| 86 | Mixed 200 IM           |
| 87 | Mixed 50 Freestyle     |
| 88 | Mixed 25 Freestyle     |
| 89 | Mixed 50 Backstroke    |
| 90 | Mixed 25 Backstroke    |
| 91 | Mixed 50 Butterfly     |
| 92 | Mixed 25 Butterfly     |

## Week 12 - Friday 15th March 2024

|     |                        |
|-----|------------------------|
| 93  | 9&U Juniors Undercover |
| 94  | Mixed 200 Freestyle    |
| 95  | Mixed 50 Freestyle     |
| 96  | Mixed 25 Freestyle     |
| 97  | Mixed 200 Backstroke   |
| 98  | Mixed 50 Backstroke    |
| 99  | Mixed 25 Backstroke    |
| 100 | Mixed 50 Butterfly     |
| 101 | Mixed 25 Butterfly     |

Completion of Series 1 - Top improvements will be announced at the next Club Night

Completion of Series 2 - Top improvements will be announced at the next Club Night

Completion of Series 3 - Top improvements will be announced at Annual Presentations

**TO BE ELIGIBLE TO RECEIVE THE YEAR END AWARDS FOR CLUB NIGHT YOU MUST HAVE SWUM AT LEAST 6 OF THE 12 CLUB NIGHTS OFFERED. IF YOU DO NOT SWIM 6 OUT OF THE 12 CLUB NIGHTS YOU ARE NOT ELIGIBLE FOR THE YEAR END AWARDS FOR CLUB NIGHT.**

### YEAR END CLUB NIGHT AWARDS

Overall Club Night Champions will be judged over all distances and awarded to Junior & Senior, Male and Female

Minor Awards will be issued to:

Male and Female, Jnr & Snr:

Most improved Freestyle (25/50m)

Most improved Backstroke (25/50m)

Most improved Breaststroke (25/50m)

Most improved Butterfly (25/50m)

**THERE WILL ALSO BE A NEW COMPETITION FOR SHORT COURSE IN THE 2024 YEAR**

STINGRAYS DUEL IN THE POOL - 22 MARCH and 19 APRIL and 25 MAY more information to come.