



# Cairns Stingrays News

October 2015

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**Woree Pool**  
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Brothers-in-arms: Adam and Nathan Foote in sync in adjacent lanes during their 100m butterfly at Central Cairns Carnival



### From the President

Well I was very happy to see the number of new swimmers for my first Friday night back since being on a bit of a break. Well done to everyone. On that note though it is important I stress to all parents our success revolved around active participation from all parents.

With our carnival only a week away we need your help and if your child is participating we would love to see you helping on the day. The same goes for our club nights where as I have mentioned, we need some parents to commit to providing food on some of those nights. The roster will be at the table so please give us a hand remembering you can be reimbursed for any food costs.

From a swimming perspective I am delighted to report Stingrays has had the biggest representation from any club at each carnival outside the hosting team. In Atherton other than Atherton, Stingrays had the biggest number of kids. Same for Mareeba. This is a testament to a club that is stable, strong and a very active committee promoting and encouraging our kids.

With that has come some great successes and I am so proud of all the kids medal winners or not as they have all made massive improvements.

For our new parents and those with littlies please take advantage of the upcoming carnivals that are very suited to the smaller kids including our own carnival and then Malanda will be another.

Can I formally acknowledge in my newsletter SILKAIR who has joined us as a major sponsor and I look forward to working with them. Please support our sponsor anyway you can and if travelling check out if SILKAIR can be of assistance.

Regards – **Jason Salecich (President)**

### In this month's edition

.....	
President's Word	p.1
.....	
Club News	p.2
.....	
JX Awards	p.2
.....	
Report: Central Cairns Carnival	p.3
.....	
Report: Marlin Coast Carnival	p.4
.....	
Report: Atherton Carnival	p.5
.....	
Date Claimers	p.6
.....	
Carnival Knowledge	p.6
.....	
Special thanks	p.6
.....	
Our Sponsors	p.6

# Club News

## Stingrays Carnival

Our annual carnival this year is being held on 31<sup>st</sup> October, and like last year we opted for a twilight time - beginning in the afternoon and extending into early evening - ideal for its 'Hallowe'en' theme.

It is prominently known as 'the SilkAir Invitational', recognising our major sponsor, SilkAir who have generously donated funds to the club.

We hope that as many of our members as possible can turn out to participate or help; there will be prizes for the best "spooky" costume as well as raffle prize draws, and food available.

Green Award	(age)
Edward Diola	9-10
Daniel Foote	9-10
Nefi Green	9-10
Daniel Staska	9-10
Jane-Lee Pregl	11
Ben Waters	12-13
Ella Diola	12-13
Clay Salecich	12-13

Bronze Award	(age)
Brock Salecich	9-10
Keely Salecich	11
Triton Smith	12-13
Nathan Foote	12-13

Silver Award	(age)
Sam Tress	12-13

Gold Star	(age)
Emilee Salecich	9-10

YPS Blue	(age)
Kali Houlihan	14 & Over

## JX Awards Presentation

Last Club Night we presented the JX (Junior Excellence) packs to the swimmers of our club who were recognised by Swimming Australia for having achieved goal times in their age categories last season, 2014-15. The Awards have been restructured as of this season, but these results are based on last year's system, which recognised four levels of achievement times - Green, Bronze, Silver, Gold, with YPS being for the older age group.

Well done to everyone who received their awards and for having their efforts recognised - keep it up!



The Australian Junior Excellence Program recognises, rewards and encourages junior swimmers (ages 9 to 13 years) who, through their development of aquatic skills and fitness, achieve a high standard of swimming excellence. Congratulations to everyone who made it this season!



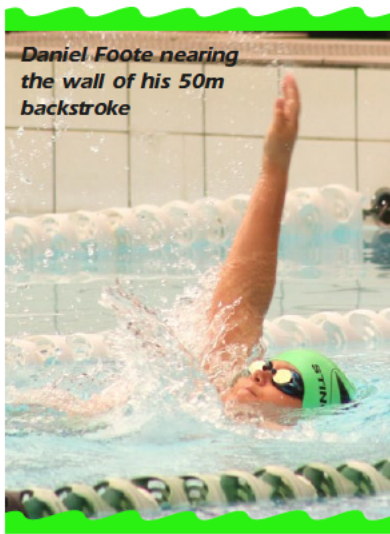


# Long Course Carnivals

## Central Cairns LC Carnival

The first of the long course carnivals, held at our Woree pool the day after our Sign-On. Despite being rather an overcast and cool day a great enthusiasm was present, especially for the littlies having their own 'mini carnival' in the middle - the Junior Dolphin Carnival with 25m races; this was a chance for all the younger siblings or newbie novices to try out their swimming abilities, perhaps for the first time in a public arena. Afterwards there was some fun novelty races on inflatables.

Placements	1	2	3
Ella	2	1	2
Adam W	2	1	1
Sam	2	1	1
Ezlan		1	2
Adam F		1	1
Keely			2
Amber			1



Daniel Foote nearing the wall of his 50m backstroke

STATISTICS	
Improvements	70%
First time swims	26
No swims	4
DQ's	1



Newcomer to the club Nicholas Suthers swimming 50m butterfly



Ryan Woodward in his 50m freestyle



Natalie taking part in the novelty inflatable races with others

### CENTRAL CAIRNS LONG COURSE MEET

DATE: 6 SEPTEMBER: VENUE: WOREE POOL

23 PARTICIPANTS: Adam Foote; Adam Woodward; Amber Waters; Ben Waters; Brock Salecich; Clay Salecich; Daniel Foote; Edward Diola; Ella Diola; Emilee Salecich; Emogen Bergey; Ezlan Bergey-Bray; Grace Grainer; Jane-Lee Pregl; Keely Salecich; Lachlan Salecich; Natalie Beck; Nathan Foote; Nicholas Suthers; Owen Hallett; Ryan Woodward; Sam Tress; Zara Hallett

## JUNIOR DOLPHIN SWIMMING CARNIVAL

The Junior Dolphin Swimming Carnival is a specially staged "Mini Carnival" tailored for the 7-&-Under 'Dolphin' members of each club.

There were heats in all four strokes of 25m from the blocks to the centre rope. It attracted around 20-30 young swimmers, some swimming in a carnival scenario for the first time.

Stingrays had three eligible entrants swimming - Zara Hallett, Ezlan Bergey-Bray and Natalie Beck.

Zara

Ezlan

Natalie



# Long Course Carnivals

## Marlin Coast LC Carnival

Held on a Friday evening for the long-distance races, and all day Saturday for the main events, Stingrays presented a healthy contingent of 20 athletes while overall numbers were down a bit from usual perhaps owing to being during the school holidays.

Three swimmers attended the Friday with Amber achieving her inaugural 800m Freestyle, while Ben had to drop out of the 1500m due to illness. Neve was the other competitor. Saturday saw three of our newcomers compete – Sasha & Peter Fischer as Dolphin members, and Madison Thieme who made an impressive debut for the club.

Fortunately the weather was being kind despite being cool and cloudy, which is often preferable than being extremely hot.



Madison in her 50m butterfly

### MARLIN COAST LONG COURSE 'A' QUALIFIER MEET

**DATE: 25-26 SEP: VENUE: SMITHFIELD POOL**

**20 PARTICIPANTS:** Adam Foote; Amber Waters; Ben Waters; Daniel Foote; Edward Diola; Edward Orchard; Ella Diola; Emogen Bergey; Ezlan Bergey-Bray; Jane-Lee Pregl; Kali Houlihan; Madison Thieme; Nathan Foote; Neve Houlihan; Owen Hallett; Peter Fischer; Sasha Fischer; Sam Tress; Susan Hutchins; Zara Hallett



Susan (front) and Zara swimming side-by-side in the 25m backstroke

The second day ended with two sets of relays for different age groups: we entered 3 teams into the four races, two boys' and one girls' team, made up as follows:

### Boys 12 & Under 200m Freestyle Relay

- |                   |                 |
|-------------------|-----------------|
| 1. Edward Orchard | 2. Daniel Foote |
| 3. Edward Diola   | 4. Owen Hallett |

### Boys 13 & Over 200m Freestyle Relay

- |               |                 |
|---------------|-----------------|
| 1. Adam Foote | 2. Nathan Foote |
| 3. Ben Waters | 4. Sam Tress    |

### Girls 13 & Over 200m Freestyle Relay

- |                  |                  |
|------------------|------------------|
| 1. Ella Diola    | 2. Amber Waters  |
| 3. Neve Houlihan | 4. Kali Houlihan |



Peter Fischer diving in at the start of his 25m breaststroke

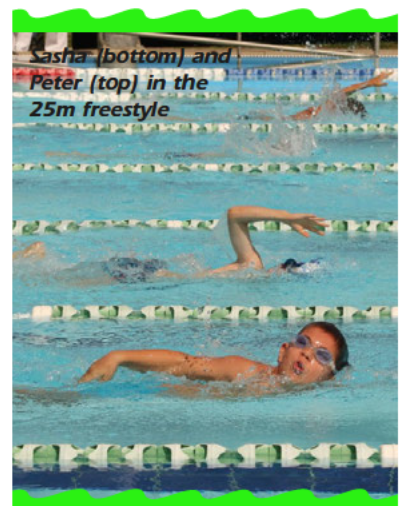
All swimmers performed their best, but alas, weren't as good as the other teams on the day!

STATISTICS	
Improvements .....	53%
First time swims .....	23
No swims .....	13
DQ's .....	0



An almost perfect synchronised dive by Owen (front) and Ezlan at the start of their 50m breaststroke

Placements	1	2	3
Ella	4		
Ezlan	3	1	
Amber	1	3	2
Sam	1	1	
Nathan	1		1
Adam	1		
Kali		2	1
Madison		2	1
Zara		2	1
Edward D		1	2
Neve		1	2
Ben		1	1
Daniel		1	
Sasha		1	
Peter			1
Susan			1



Sasha (bottom) and Peter (top) in the 25m freestyle



# Long Course Carnivals

## Atherton LC 'A-Qual' Carnival

The Tablelands' main swimming event, held over three days, attracted 181 swimmers from 12 teams including one club from Townsville. Long-distance races were held on the Friday evening for which four of our members - Kali, Neve, Amber and Ben attended - Ben finally achieving his first 1500m.

Saturday started in decidedly inclement weather with rain showers and cool temperatures. Races continued throughout the day till mid-afternoon; these included the Freestyle 'Dash-for-Cash' heats, for which Keely was fortunate enough to be a runner-up and receive her cash prize. Also a popular Atherton carnival tradition



The Stingrays team barracking for their swimmer in the Medley Skins final races

### ATHERTON LONG COURSE MEET

DATE: 9-11 Oct:

VENUE: ATHERTON

'SWIM LOGIC' POOL

23 PARTICIPANTS: Adam Foote; Adam Woodward; Amber Waters; Ben Waters; Daniel Foote; Edward Diola; Edward Orchard; Ella Diola; Emilee Salecich; Emogen Bergey; Ezlan Bergey-Bray; Grace Grainer; Jane-Lee Pregl; Kali Houlihan; Keely Salecich; Kelsey Orchard; Nathan Foote; Neve Houlihan; Nicholas Goudie; Owen Hallett; Ryan Woodward; Triton Smith; Zara Hallett



Keely striking an elegant pose in her 50m butterfly



Newcomer Nicholas Goudie as an accomplished butterfly swimmer in his 50m Fly



Keely being presented her envelope of cash!

Ryan's birthday was Friday - Saturday was also Ben's 14<sup>th</sup> birthday for which he shared a surprise cake with a pool theme with the other club members; everyone had a fun evening, with card games and spotlight.

STATISTICS	
Improvements	39%
First time swims	27
No swims	17
DO's	2

Medals	G	S	B
Keely	5	1	3
Emilee	4	3	
Adam W	4		3
Kali	2	2	3
Amber	2	2	2
Ryan	2	1	2
Jane-Lee	1	2	3
Ella		3	4
Edward D		3	
Zara		3	1
Kelsey		2	
Nathan		2	
Neve		1	2
Adam F			2
Ben			1
Edward O			1

is the Medley Skins Qualifier Races and Finals - six fastest finalists from the 200 IM go through to the Final 'knockout' races in strokes chosen at random. Kali was fortunate enough to make it through as one of the six, but lost out during her second race attempt; great effort for getting that far though! The day ended with a relay as follows:

### Mixed 14 & Under (8 x 50) 400m Freestyle Relay

1. Zara Hallett
2. Edward Diola
3. Emilee Salecich
4. Owen Hallett
5. Keely Salecich
6. Edward Orchard
7. Ella Diola
8. Adam Woodward

Sunday was an earlier start with slightly better weather conditions. As usual, the day ended with a relay - this time a Medley Relay:

### Mixed 10 & Under 200m Medley Relay

1. Daniel Foote (back)
2. Kelsey Orchard (breast)
3. Emilee Salecich (fly)
4. Edward Diola (free)

Stingrays won both relays!



Kids playing Uno at the camp kitchen table at the Big 4 Woodlands Caravan Park where many of us stayed overnight; Saturday was a bit of a wind-down social time with communal food to share



Ben with his "Pool" cake



### Stingrays Date Claimers

- Sun 25 Sep Dimbulah Carnival
- CLUB** Fri 30 Sep Club Night #5
- Sat 31 Sep Cairns Stingrays Twilight "Hallowe'en" Carnival
- CLUB** Fri 6 Nov Club Night #6
- CLUB** Fri 13 Nov Club Night #7
- CLUB** Fri 20 Nov Club Night #8
- Sat/Sun 21-22 Nov TAS LC 'A-Qualifier' Carnival
- CLUB** Fri 27 Nov Club Night #9
- CLUB** Fri 4 Dec Club Night #10
- Sat 5 Dec Malanda Family Carnival - 25m pool

### Carnival Knowledge

**Dimbulah Carnival** - All-round general events to suit all ages, low-key atmosphere, fun and dry! (usually).

**Cairns Stingrays Carnival** - our own home carnival; events to suit all abilities, this time with the added "Hallowe'en" theme and extending into the early evening. We encourage support from our own members to come across as a strong club, parents, we would love your help on the day for the less-demanding roles, but if unable we would just like families coming supporting their children.

**TAS 'A-Qualifier' Carnival** - a serious two-day carnival for the keen ones.

**Malanda Family Carnival** - a great enjoyable day for families, younger ones especially welcome in their 25m pool for 25m races, as well as longer distances for the older ones - but with lots more turns! An excellent meet to round out the first half of the season before the Christmas break.

### Special thanks

We give a special thank-you to Multy Cut Meats of Southside Shopping Village just next to the pool, for supplying our sausages for our Sign-On day at a very discounted rate! So remember them next time you need your steak or snags and give them our support.

— MULTY CUT —

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**BABINDA ELECTRICS**

