

# Cairns Stingrays Swimming Club

# CARNIVAL Results

## November 2022

# Saints & Centrals Long Course

Season 2022-23 Seventh Long Course Carnival

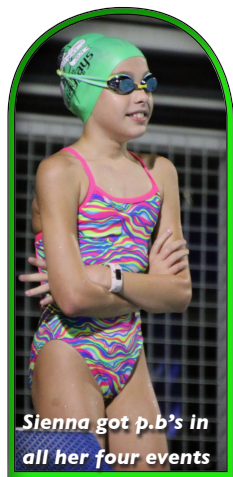
**SAINTS & CENTRAL CAIRNS LC STATE PREPARATION MEET**  
**DATE: 18 - 20 Nov 2022:**

**VENUE: TOBRUK MEMORIAL POOL**

**31 PARTICIPANTS (30 SWAM):** Hayden Beck; Natalie Beck; Emily Brown; Lucy Cracknell; Eloise Dalmeyer; Fraser Dalmeyer; Zara De la Fonteyne; Jessica Deane; Nathan Foote; Kaia Ford; Eva Greenwood; Isabelle Greenwood; Isabella Higginson; Connor Lloyd; Joshua Lowrey; Bella-Trez McClean; Luis Milne; Nate Milne; Isabel Miotto; Darcy Oliver; Ella Oliver; Sienna Page; Rianna Piccolo; Emma Pullar; Matilda Rees; (Amelie Scholes); Thomas Scholes; Madeline Stewart; Kai Travers-Mason; Rylee Whitby; Ryan Woodward



Emily Brown achieved p.b.'s in all her seven events



Sienna got p.b.'s in all her four events



Fraser got p.b.'s in his two events

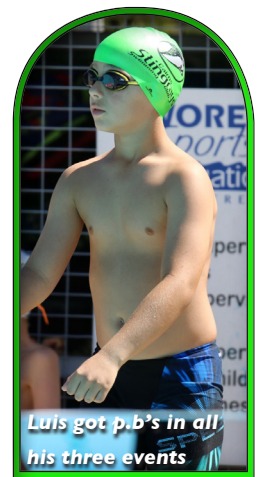


Darcy got p.b.'s in his two events



Rianna got p.b.'s in all her four events

Placements	1	2	3
Ryan Woodward	6		
Jessica Deane	2	2	
Connor Lloyd	1	1	4



Luis got p.b.'s in all his three events

STATISTICS			
	TOTAL	MALE	FEMALE
Swimmers	30	20	10
Swim entries	138	47	91
First time swims	0	0	0
No swims	0	0	0
DQ's	3	1	2
Improvements	77	27	50
Improvement %age	57%	58%	56%

Saints' Preparation 3-day meet is spread over three days to give swimmers the best opportunity for performing at their peak while also allowing sufficient rest time in between their races. All the 50m races were held on the Friday evening, and remaining distances split over two half day sessions over the weekend.

Results were not multi-aged, hence why there is only a handful of placement results from the top performers - well done to those, with Ryan topping the rankings. Swimmers featured on this page had either a 'fell swoop' of improvements (above), or a majority p.b.'s in their races (below).

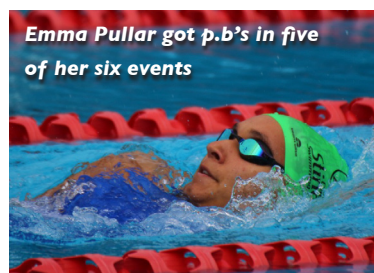
Note: Media was not present at this meet - these photos have been sourced from archives from this season.



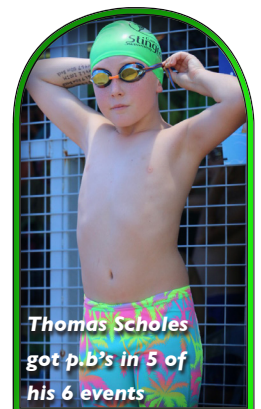
Joshua Lowrey achieved p.b.'s in three of his four events



Kai got p.b.'s in 5 of her 6 events



Emma Pullar got p.b.'s in five of her six events



Thomas Scholes got p.b.'s in 5 of his 6 events